



Weekly Notice

September 15,
2009

Issue 3

A WEEKLY PUBLICATION OF MONADNOCK WALDORF SCHOOL

Fall Yard Sale This Saturday

Come one, come all to the Fall Yard Sale this Saturday, September 19 (rain date is September 26) from 8 am-2 pm at the Nursery-Kindergarten, 424 Old Walpole Road in Keene! Proceeds benefit our 8th Graders' end of the year class trip. We are still hoping for kind helpers to sign up to work. If you'd like to do so, a list of jobs can be found in the elementary Main Office, or online @<http://mwsparentcouncil.intodit.com>. At this site you must sign in or sign up, if you're new, then click on "edit page" to add your name to the job list. We especially need help with the cleanup at the end of the yard sale with trucks or vans.

We are still accepting used items - clean and in good shape - so kindly leave them in the Nursery-Kindergarten barn anytime other than Nursery-Kindergarten drop off or pick up times. Thank you! We sincerely apologize for scheduling this event during the Jewish holidays.

Thanks. Liza Dupuis for the Parent Council

Elementary School Michaelmas Festival

Date: Saturday morning, October 3;

Shuttle bus will start at 8:45 and the festivities begin at ten o'clock sharp!

Rain Date: Monday, October 5 at Robin Hood Park during the school day.

The event is held at the Nursery-Kindergarten on 424 Old Walpole Road, and will start with a procession of all the classes. It is important, therefore, to plan so that you **arrive on time!** The rest of the festival includes a student play, games for the students, folk dancing, a picnic lunch, and a faculty skit to conclude. The festivities will conclude around 12:30. The rain date will be Monday, October 5 at Robin Hood Park during the school day.

Important Transportation Information: Due to limited parking space at the Nursery-Kindergarten, we will offer, as in years past, shuttle buses to transport families to and from the festival. Vehicles may be parked in the lot at Smiths Medical, which is at the corner of Route 12 and Wyman Road; from Wyman Road take the first right onto Bowman Drive to enter the lot. The buses will start running at 8:45am.

Please plan to arrive at the parking lot by 9:30 at the latest, in order for everyone to make it to the festival in time for a prompt ten o'clock start! If you are running late, please drop your student(s) off at the Nursery-Kindergarten before proceeding to the Smiths lot. This will enable the opening procession to begin on time.

Parking space at the Nursery-Kindergarten will be available to families with infants, elderly guests, expectant mothers, or other special considerations.

Food: Plan to bring a picnic lunch, dishes and a blanket for your own family. Additionally, there will be a potluck dessert. If your last name begins with the letter F-H, please bring a gallon of apple cider; if your last name begins with A-E or I-Z, please bring autumnal fruit dessert to share.

Look for more details in next week's *Notice!*

Nell Wiener and Jan Lyndes, for the MWS Faculty

Fall Afterschool Programs

We are pleased to offer a full schedule of afterschool programs for students this fall! These include:

Afterschool Eurythmy: Led by Ms. Ahn. Tuesday afternoons in the Assembly Room, 3:15-4:15. September 22 through November 24. Open to grades 5-8. The group will work with the Chinese story "Tiki Tiki Tembo."

MWS Jazz Band: Led by Mr. Elliot. Thursday afternoons, 3:00-4:15 in the Movement Room. Starts September 24, running through the year. Open to winds and brass players in grades 7-9. Come play some great jazz, swing and ragtime band music!

Basketball Program: Open to grades 6-8. Practices and skill work will begin for the boys and girls teams on Wednesday, October 14. Games will begin in December. Stay tuned for more details as the season draws closer!

If you are interested in the Jazz Band or Eurythmy programs, please pick up a sign-up/emergency contact form in the elementary Main Office and return it to Ms. Ahn's or Mr. Elliot's box. Contact them with questions, and contact Mr. Schoen with questions about the basketball season.

Nell Wiener

98 South Lincoln Street, Keene, NH 03431, 603-357-4442, fax 603-357-2955 www.monadnockwaldorfschool.org

"Receive the children in reverence, educate them in love, let them go forth in freedom" -Rudolf Steiner

Monadnock Waldorf School is dedicated to nurturing young human beings who will be capable of contributing fully to the tasks of life with courage, compassion, and conviction. We strive to foster wholeness and life long well being through awakening an abiding love and interest in the world while cultivating the gifts and strengths that are unique to each individual student.

Bake Sale

The 7th grade will be having a Bake Sale during the 8th Grade Yard Sale on Saturday, September 19th. We will have morning types of baked goods as well as coffee for sale. Please come by and help the 7th grade. Thanks in advance for your support!

This Week at MWS

In this column we'll let you know about what's happening in our school class by class. For this week here's the news.

Parent/Child: Michelle welcomed new families to her Thursday morning and Friday morning parent/child groups. Parents are sewing felt fish finger puppets, making millet rolls, and watching their children play.

Morning Glory: Michelle's children have been grinding grain for their millet rolls and enjoying the garden harvest of tomatoes, broccoli, and more. The story this week is *The Five Little Bumblebees*.

Appleblossom: Marie's children are enjoying an autumn circle this week. They will hear the story *The Five Goats*, play outside, gathering apples for applesauce.

Sunflower: Lynn's children are starting their day outside, peeling bark off some big logs that will be used to frame the sandbox. They will hear the story of *The Giant Turnip* and learn that it took more than the farmer to pull that turnip from the ground! The children are enjoying beans, tomatoes, and raspberries from the garden.

First Grade: Mrs. Myers' students are quickly mastering many new talents: how to walk in a line, how to tie their shoes, and how to jump rope, to name a few. This week they will hear the story of a young man who builds a boat. They will also begin sanding their first knitting needles.

Second Grade: Mrs. Henry's students are hearing some special stories about men and women who showed their good and kind hearts at the times that mattered most.

Third Grade: Mr. Price's students are hearing old, old stories from the beginning of time, stories about creation, paradise, and life after paradise. They are also learning a new way of writing, a new way of drawing, AND a new way of singing. This week they will celebrate Rosh Hashanah, the Jewish New Year.

Fourth Grade: Mrs. Zakrzewski's students have just wrapped up a form drawing block where they mastered intricate Celtic forms. They are also hearing the mystical stories of the Kalevala. Soon they will move on to a mathematics block

where they will review their work from last year. They will progress from using the human body for measurement to using tools that will make their findings more precise. They'll enjoy a canoe paddle at Kroka this week.

Fifth Grade: Miss Marshall wonders if her students look stronger to you. They should. They just returned from a three day trip carrying themselves and their packs from Pitcher Mountain to Kroka base camp. The trip was part of their botany studies including the study of insects. Miss Marshall reports they met many bugs on the way---some were kind enough to bite them! Plant studies continue this week with short trips to the cemetery and to Robin Hood Park for field work.

Sixth Grade: Mr. McGuigan's students wrap up a study of rocks and minerals this week with a field trip to the Marlow Profile for some rock climbing. Later they will run the Deerfield River through the Zoar Gap.

Seventh Grade: Mrs. Motter's students have guest class teacher Katie Schwerin this week and are creating puppets for a future production. Mr. van Riel is leading Main Lesson.

Eighth Grade: Ms. Morse's class also has a guest teacher. Mr. Tom Braden will wrap up a block focused on short story and creative writing this week. He reports that the class is hardworking and fun. They have been memorizing poems, reading American short stories, and doing some writing of their own. They will end the block with a block test.

ARHS Ninth Grade: Ms. Damian's students are finishing up a geology block. They continue to remove bittersweet vines from the fencing at the Tilden School, discovering the complex eco-system behind the fence. The bittersweet will be used for basketmaking.

Pizza Day!

The 8th grade is selling slices of pizza for lunch on Wednesdays at the elementary school. Cheese \$1.50 a slice, Pepperoni \$1.75. Students order and pay in their own classroom in the morning and the eighth grade delivers the pizzas at lunch time.

Thank you from the 8th Grade

Calendar of Events

Yard Sale

Saturday, September 19
At the Nursery-Kindergarten

Nursery-Kindergarten

Michaelmas

Friday, October 3

Elementary Michaelmas

Saturday, October 3
At the Nursery-Kindergarten

Welcome New Families

Nursery-Kindergarten

Morning Glory

Michele Chalice, Peter Throop and Emily Chalice

Amber, Alvin and Dakota Fields
Molly McMillan-Malloy, Peter Malloy and Sarafina Malloy
Sarah, Justin and Vivian Neutra
Jennifer, Michael and Benjamin Patek

Marisa, David and Makenna Smith

Apple Blossom

Margaret Kavanagh-Beauchamp,
David Beauchamp and Maggie Beauchamp
Eliza Tullgren and Hab Burkett
Fern Dorresteyn, Michael Ciborski and Laurian Ciborski
Abigail and Be Hill

Jennifer Hudziec, Seth McNally and Kalaya Hudziec

Nicole McElhinnay, Greg Hinkle, and Nola McElhinnay-Hinkle

Sunflower

Kelli Copeland, Damian Wilson, and Lillia Copeland
Kevin, Cherie and Claudia Restler
Katrina, Todd and Zooey Spencemen

Grade One

Bruce, Erin and Jeremiah Bickford

Grade Four

Kim Cayea and Bailey Cayea
Gary Lincoln, Elaine Tagliamonte and Stephen Lincoln
Sharon Fitzgerald, Richard Cherry and Emrys Fitzgerald-Cherry
Noel, Stephen and Duncan Pierce

Grade Seven

Heather Dalena and Patrick Foley

Grade Eight

Shelley, Joe and Jamison Briggs

Pumpkinfest Soon Will Be Here!

Keene's annual collection of Jack-O-Lantern's will be this October 17, 2009. We are hoping for blue sky this year but even if we look up and see gray we will still serve the Crowd-O-Plenty with a smile and have a joyous good time for sure. To join the fun you may simply sign up 2 ways ... go to our Wiki site, mwsparentcouncil.intodit.com then, create your account to join or (for return guests) just log-in, select "Pumpkin Festival" then sign up for a shift by clicking on the "edit page" button below the Home button in the upper left. Sign up for desired shift. Sign up early, space is limited! Don't have a computer, computer challenged or rather talk to a person? No problem! Jennifer Whitehead is ready to take your call at 620-3662. Thanks Jennifer!

Andrea Lowe

AWSNA and NEASC receive our Accreditation Self-Study

It is a delight to report that our full scale self-study, actively engaging all aspects of school life over that last two years has been completed and mailed off to our accreditation visiting team! (Maybe you heard the whoops and hollers when Betsi McGuigan and Suzanne Ruse sent the boxes off in the mail!)

We recently received confirmation from the Association of Waldorf Schools of North America and from the New England Association of Schools and Colleges that "Monadnock Waldorf School's self-study report is complete and in good order".

The study required us to examine curriculum, pedagogy, policies, procedures, governance, admissions, parent life, finances, faculty life—really every aspect of a vibrant and healthy school. The study—all 242 pages of it—is available for your review. Please let me or Suzanne Ruse know that you would like to look at a copy.

Completing and submitting our self-study in an important step in our accreditation process. Next comes an October visit from our accreditation team comprised of seven educational colleagues from Waldorf and other independent schools. They will visit our school from October 18 through 21.

More to come!

Lisa Mahar

Adult Eurythmy

A course in Eurythmy for parents and friends will begin on Wednesday, September 16 at 8:20 am in the assembly room at the elementary school. It will run for 12 weeks and we will delve into many of the basics of Eurythmy with speech and music.

The cost of this class is \$50.00. Finances should however not prevent you from coming.

Mollie Amies, 603-520-9444

Receive the Weekly Notice in Your In-box

Please let Suzanne in our Main Office know if you would like to receive the *Weekly Notice* electronically. It will come directly to your inbox on Tuesday—no paper, no printing, no carrying home! We hope this might be more convenient for you and we know it is more cost-, time-, and resource-efficient for us! Reach Suzanne at rsuse@monadnockwaldorfschool.org.

Lisa Mahar

Nursery-Kindergarten Wish List

- Love Seat or small couch for Sunflower Classroom
 - Rain Pants (sizes 3 to 7)
 - Fall or spring blooming perennial plants
- Please contact Lynn Wetterhorn at the Kindergarten, 357-8663, if you can help us. Thank you!

Volunteers Needed

Volunteers with good handwriting are asked to help hand address envelopes for the new Annual Report as well as the fall Annual Fund appeal. If you have time in the first few weeks of September, please let me know: Rüdiger Ruckmann, Development Office, rruckmann@monadnockwaldorfschool.org or call me at 603.357.4442, Ext. 105.

Rüdiger Ruckmann Development Office

Hannaford Fund Raiser Begins!

Once again Hannaford has started its easy school fundraiser. Simply buy three of the same brand item and get a checkout coupon that donates \$3-4 to our school. Only selected brands apply—see pamphlet attached to this *Weekly Notice* for more details!

Carla Folkert's favorite choice is three cans of beans for 99 cents each—\$3 for the school! Place coupons in labeled pocket at the front of the store. Last year we raised over \$500 for our music program—let's beat that record!

*Sarah Ellsworth,
For the Parent Council*

Photos Needed

Good photos are needed for MWS' new Annual Report which will be printed this fall. If you have any to share, particularly of students and teachers in and outside the classroom, please send them to Rüdiger Ruckmann, Development Office, rruckmann@monadnockwaldorfschool.org or call me at 603.357.4442, Ext. 105. Many thanks in advance.

*Rüdiger Ruckmann
Development Office*

Marigolds Needed for Nursery-Kindergarten

We use dried marigold flowers (any color) to create a beautiful golden dye for our Michaelmas capes. Please save the flowers for us when you are deadheading your marigolds. You may leave them with Suzanne in the office or bring them to the kindergarten.

Thank you! Lynn Wetterhorn

Matching Gifts Can Double Donations

With Annual Fund season upon us, your employers may be ready to help your gift do twice as much or more for MWS.

If you are a current employee, retired, the spouse or widow(er) of an employee, or a member of the Board, your company might be waiting to match your gift. You will be recognized for the full amount of your donation: your gift and the company match.

I have listed some employers who may match your gift. If you do not see your company, check with your Human Resources Department. You will be given an application form to complete and send to MWS. I will take care of the rest.

Thank you for all your support of MWS and our community!

*Rüdiger Ruckmann
Development Leader
603.357.4442, Ext. 105*

ADP
Aetna
Allegro Microsystems, Inc.
Altria Group, Inc.
American International Group
American Express
Ames Planning Associates, Inc.
AT&T
Autodesk, Inc.
AVAYA
BAE
Bank of America
Baupost Group, Inc.
Bellcore
BFGoodrich Co.
Boston Edison
Bowater Inc.
C.R. Bard Inc.
Casey Family Services
Champion International Corp.
Chase Manhattan Bank
Chatam, Inc.
Chubb & Son, Inc.
CIGNA
Cisco Systems, Inc.
Citizens Advisers, Inc.
Citizens Bank
Compaq
Computer Corp
Computer Assoc. International Inc.
Corning, Inc.
Duracell
Eastern Mountain Sports
Equifax, Inc.
Exxon Mobil
Factory Mutual
Fairpoint

Fisher Scientific International Inc.
Fleet Bank Boston Financial
Ford
Gartner Group Inc.
General Electric
Georgia Pacific
Gillette Co.
Hartford Steam Boiler
Hewlett Packard
Houghton Mifflin Co.
IBM
J.P. Morgan & Co. Inc.
John Hancock Financial Services
Johnson & Johnson
Johnson Controls
LandAmerica
Lincoln Financial Group
Markem
Mascoma Savings Bank
McGraw-Hill
Mellon Bank
Merck
Merrill Lynch
Metavante Corp.
Microsoft
Millipore
Motorola
National Grange
NCS Pearson
NE Business Service
NE Electric
NGM Charitable Found.
Nokia Norton Co. Inc.
Novartis
NSTAR
Oracle Corp.
PepsiCo.
Pitney Bowes
Pfizer
Prudential
Plymouth Rock Co.
Raytheon
Riverstone Resources
Saint-Gobain Corp.
Sprint
Sun Microsystems
Symantec
Telcordia Tech.
Texas Instruments
Textron
The NY Times Co.
TRW
Tyco International
TyCom Submarine Sys
UBS
UPS
Unitil
Velcro USA Inc.
Waters Corp.
Wellington Manage.
Wellpoint
White Mountain Ins.

Come Craft With Us On Fridays

Starting this Friday morning, September 18 a group will meet at Lori York's home (52 Probate Street, just off Church Street) to create wonderful little items for our upcoming Crafts Fair (November 13 and 14). This is a great opportunity to meet folks, share stories (we do a good amount of talking and laughing), and help make the things that make our Fair so special.

There are projects for all skill levels, so no one needs to be shy or self-conscious. If a young child accompanies you, you may want to bring a favorite toy and a snack for him/her. We will meet anytime after drop-off each Friday morning. Bring your scissors and join us!

Call Margaret with questions at 355-1371.

Elm Trees For Sale by MWS 6th Grade

The 6th grade at MWS has 10 beautiful ELM TREES FOR SALE! We bought them in the 2nd grade, have looked over them with love and care, and are now ready to let them go. They are now 7-9 feet tall and ready to go into the ground! The cost is \$175 each.

For more information on these lovely trees, please visit www.landscapeelms.com.

Help support not only the Elm Research Institute for restoring Elm Trees to the American landscape, but the 6th grade with their first big fundraiser!

To see the trees and purchase them, please contact Stacey Masters at 603.352.9683 or Gretchen Carmel at 603.357.5803.

Dear Upper Class Students

We would like to borrow and display your hand sewn animals in our classroom. We have a special place for them to reside and they may rest with us for the whole school year or perhaps just visit. Please mark your animals with your names and bring them by the Fourth Grade classroom for a visit!

*Thia Zakrzewski
Fourth Grade Teacher*

Imagine a Different World on November 13th & 14th

Imagine a starlight hallway leading to the woodworking room transformed into a gnome forest complete with a moss garden, a lovely room to dip candles in, and a warm classroom to tell stories and have puppet shows. This sounds more welcoming and a better representation of Monadnock Waldorf School than the MWS Crafts Fair at the Keene Recreation Center. That is why a group of parents and staff have decided to return the Crafts Fair to the school. We will continue to have all the vendors, raffle and silent auction but the focus will shift to children's activities and to showcasing our school. We hope this will better inform the community of what we are all about.

This means a lot of planning will need to take place. As I am working outside the home now my time is much more limited and I am appealing to all who have time to lend a hand. This is the perfect time for all those great ideas that you have every year at Crafts Fair time to come out and see the light! This is the time to really change things up and start new traditions. The classes will continue to take on some responsibilities such as the raffle, children's crafts, the cafe, etc. I will be sending out letters and coming to class meetings.

Parking will be an issue for the Fair and we will need a team to try to come up with solutions to this dilemma. We can do off site parking and also ask our community to carpool but it will take a group to come up with a plan. If this is an interesting puzzle to you then you are the one we are looking for! Please give me a call.

The Fair is always such a tremendous effort by all at the school and I hope that this year will be as wonderful - with a twist. So please put on your thinking caps and let's wow the Keene Community with our wonderful Crafts Fair.

Respectfully,
Carla Folkert at 352-1585/762-3337cell

Parent Resource Materials

We are often asked by parents about recommended reading to deepen one's understanding of Waldorf education. In addition to our parent libraries at both the elementary school and the nursery-kindergarten, there is a great new on-line resource. At the website for the Association of Waldorf Schools of North America (AWSNA) www.whywaldorfworks.org you will find a link called Books & More. The book store offers titles in a variety of categories and many of the offerings can be previewed before purchase. You will also find a wonderful collection of children's books on the site.

Lisa Mahar

Accreditation Inspiration

From time to time we will present introductions to the curriculum that were part of our self-study.

Early Childhood

Play is recognized as so fundamental to the well-being of the young child that the United Nations High Commission on Human Rights has declared it the right of every child. The American Academy of Pediatrics has stated that "play is essential to development because it contributes to the cognitive, physical, social, and emotional well being of children and youth." The National Association for the Education of Young Children has simply said, "Play is the work of the young child."

At Monadnock Waldorf School, we are proud that our Early Childhood Programs are truly play-based programs growing out of the indications given by Rudolf Steiner and supported by the insights that we have gained from the fields of sensory integration, Spacial Dynamics®, and other research about what constitutes a healthful environment for young children.

Our early childhood classrooms offer a predictable, consistent schedule that provides a daily balance of

- Indoors and outdoors
- Large group and small group
- Child directed and teacher directed
- Large and small muscle activity and rest
- Active and quiet

We arrange our days in a manner that allows the children to move back and forth between these polarities—"taking in" and then allowing the experiences time to settle. In Waldorf schools we often refer to this as a kind of "breathing" to the day.

A typical day often looks something like this, although it can vary from classroom to classroom:

- Children arrive and have time to play, either indoors or outdoors. The teacher is engaged in practical or artistic work in which the children are free to join.
- The children and teachers work together to clean up the activity and toys from play and work time.
- Children rest.
- The teacher leads a circle of singing, verse, and movement.
- All enjoy a family-style hearty snack.
- More play time, indoors or out, with the adults again engaged in a practical or artistic activity.

- Story time or a puppet show.
- Morning children go home. Afternoon children have more play time as lunch is set out.
- Lunch together.
- Rest, with some children sleeping.
- More play time, indoors or out.

It is our observation that repeated rhythmic ordering of the school experience helps young children to feel content and secure, as they know what is expected and how things are done.

Parents often report that the children want the predictable routines of school life to extend into the home. This can make life easier for the parents as well!

In addition to honoring the free creative play of the children for a good portion of the morning both indoors and outdoors, the adults in the classroom take up practical, visible work into which the children can be easily incorporated. This may be work that is done every day, such as setting the table for snack and cleaning up. It may be work that is done every week, such as baking the bread. Or it may be seasonal work that is repeated each year,

such as planting and harvesting the garden or maple sugaring. Sometimes the work of the adults lasts over many days—for instance, if a teacher is making classroom toys, such as carved spoons or sewn dolls. The work may also relate to seasonal festivals, which are an important part of life in the early childhood classrooms. The work that is done in the classrooms is done to fill a real need and often involves a series of steps, allowing children to see how adults carry a necessary task to completion. The children may join the adult in the work of the classroom, or the children may play nearby, perhaps recreating the work in a new way in their imitative play.

We are fortunate to be located on twelve beautiful acres, with woods, fields, gardens, climbing trees, and a stream. Spending time out of doors—both in practical tasks, such as gardening and caring for our chickens, and taking long adventuresome walks in the woods and fields and playing near the streams—is an important part of our curriculum as well. We believe that this helps our children to develop a heartiness, as well as nurturing their love and reverence for the natural world.

We quite consciously do not provide direct, academic instruction in the Early Childhood Program.

We believe that is best saved for the elementary years. However, our children are certainly learning a tremendous amount and laying the foundation for future academic success.

LANGUAGE ARTS: Language arts are incorporated into many activities throughout the day. All Waldorf teachers take speech training, and we are careful and conscientious in our pronunciation when speaking to the children. Each day we tell the children a nature story or a folk or fairy tale, often accompanied by a puppet show. These stories, as well as the verses and songs used in our daily circles, are full of beautiful images and wonderful words, often used in delightfully playful ways. Although we do not engage in idle conversation for conversation's sake with the children, there is certainly a good deal of conversing in our classrooms, including modeling the art of listening as well as speaking. The older children certainly enjoy writing words or simple phrases. Although we do not introduce writing formally until first grade, we help when asked. In our classrooms we expose the children to a sophisticated vocabulary as

well as to a rich and varied experience of language. We support them in their verbal reasoning and help children to develop a broad conceptual base of knowledge based on real-life experiences. These, we believe, are the skills that are key to becoming a successful reader. We know that the majority of children will easily learn to decode when they are old enough (and we know that a few will not without extra help.) We strive to be certain that the children have as many real experiences as possible so that when they do learn to decode the printed word, they will be able to make sense of it as well.

MATH: The practical and play life of the early childhood classes allows for many concrete experiences with pre-math. In setting the table, either in a play house or for our snack, children practice counting and one-to-one correspondence. The rhythm of the day and many of our finger plays and games rely on sequencing. In their play, the children not only seek opportunities to count but also often lay their toys in repeated patterns, or line up the blocks, ropes, or other objects from shortest to longest, or smallest to largest. In both play and cleaning up, the children like to divide items by various attributes, classifying them by color or size or type of object. "More than," "less than," and "equal" are important to young children, who want to be certain that you don't have more and I don't have less. This requires working concretely with division and counting and measuring to be certain that everything stays fair! In carrying and moving items about, children develop a fundamental sense about weight and density. Filling and emptying provide more concrete opportunities to understand volume. Baking and handwork give the children many opportunities to work with measurement. And, of course, most classrooms have merchants at some point. This pretend buying and selling gives children another chance to work with numerary. Balancing, with their bodies or the structures that they build, is another pre-math skill, for algebra is all about "What do I do to this side of the equation to get it to balance with that side?"

GEOGRAPHY AND THE SCIENCES: One of our primary goals is to maintain the sense of wonder and inquisitiveness that all children hold, in order to nourish their interest in the world. Local geography is experienced by the children through daily walks in the woods and the

fields. In their play with water, ice, snow, mud, sand, and dirt, the children experiment with states of matter, as well as practicing their engineering skills. Baking, using marigolds to make dye, and making maple syrup are practical experiences in transformation. Caring for the chickens and the gardens, as well as observing and experiencing the seasons, allows for participation in the life sciences. Never a year passes that we don't see someone discover catapults and experiment with the laws of trajectory! Likewise, the need to move a heavy object usually leads to a discovery of the genius of levers, and the need to transfer objects from the ground to a tree or balcony often leads to the reinvention of the pulley!

THE ARTS AND HANDWORK: Beauty is foundational to our approach to teaching. We maintain aesthetically pleasing physical environments as well as incorporating the artistic into all that we do. Music is part of every day. Our circle work includes songs as well as verses. We often signal transitions through songs and sing to accompany our work or other activities. We enjoy water color painting, clay and beeswax modeling, coloring and drawing, sewing, finger knitting, felting, working with wool, seasonal crafts, and woodworking. We frequently present puppet plays as well, with lovely sets and puppets.

PHYSICAL AND PRACTICAL SKILLS: We believe that one of the primary tasks of the first seven years is developing a healthy physical body. Our experience is that young children need and love to move, and we provide many opportunities for them to do just that! Indoors and out, the children have plenty of opportunity to run, climb, balance, roll, crawl, skip, and jump. We know, through brain research, that it isn't just "nimble fingers, nimble minds," but "nimble bodies, nimble minds." It is through sensorimotor experience that rich neural pathways are developed that will serve the children for their entire lives. Our Early Childhood Programs provide children with many healthful movement and sensory experiences.

Lynn Wetterhorn, Kindergarten Teacher
Michelle Brooks, Nursery Teacher
Marie Burns, Nursery Teacher

Bulletin Board

For sale: Dirt Dawg Mountain Scooter for ages 8-12, rugged construction, suspension shocks in front fork, knobby tires, skateboard type platform, handbrakes, kickstand, electric blue color, pictures can be seen at www.diggler.com, \$65 (new \$199). Please call Preman or Glenn Koshar at 352-2207 if interested. 09-15-09

For sale: Instep Bicycle Trailer—lightweight aluminum construction, folds flat, holds up to 100 lbs., attachments for both Mom and Dad's bikes, easy to install, includes owner's manual, lightly used \$65. If interested, please call Preman or Glenn Koshar at 352-2207. 09-15-09

Looking to borrow a backpack for the fourth grade hiking trip. If you have one to loan, please contact Kerry Ulrich or Sandy Hunt at 357-4459. 09-15-09

Art, reading, games, fun. Responsible, caring, reliable Waldorf alum available for child care and housekeeping. NH licensed LNA, CPR certified, excellent references. Please call Megan Walker at 355-4323. 09-15-09

For sale: beautiful, 30 string, handcrafted Rose Lyre in very good condition. Played in elementary school. Includes case, tube humidifier, silk cloth, and tuning wrench. Needs tuning. \$600; sells for \$2100 new. Please call Narissa Lumbra (MWS Alum) at 603-410-7052. 09-15-09

One bedroom with loft in Spofford. \$1200 per month plus utilities. No smoking and no pets. October-May. Easy walk to Spofford Lake. Contact Holly Gorsuch at BHG The Masiello Group at 603-313-1224 or hollygorsuch@masiello.com. 09-15-09

Wanted for the High School: fridge, electric stove, kitchen items like plates, bowls, glasses, cups, cutlery, cloth napkins, towels, mitts, toolbox and tools - screwdrivers, hammers, etc., tension rod 30" minimum length cream or off-white preferred, vases, cloth remnants at least 24" square in solid

colors. Please call Kathleen Murphy at 358-9914. 09-15-09

Baby items wanted: My sister-in-law in NYC is having her first baby in Dec., and we are looking for gently used, apartment friendly baby furniture/items. Please contact me: meenaneva@gmail.com or 352-8327, if you or someone you know has any such items for sale. Thanks, Meena Neva. 09-09-09

Cheese—organic, grass-fed. Cheddar, garlic cheddar, jack, pepper jack, Colby, and Swiss can be ordered. It is \$5.50/pound plus shipping. You need to order the full 5# block or arrange to split it with a friend or two. Call me if you want some cheese in this order, Margaret Foxweldon at 355-1371. 09-09-09

Flute Lessons at my home in Keene have begun for the fall semester. Half and full hour sessions available. Contact Carmen Buckley Reynolds at 355-2011. 09-09-09

Horseback riding lessons. I am an MWS graduate (Class of 2001) and sister of Maysie Ballantine (Grade 7). I am home for a few months and would like to offer hunt seat riding lessons to horse loving beginners! I have been riding since I was 10 years old. I was lucky to have careful, personal instruction when I was young and I would be excited to help new riders get a good start. My horse is a 12 year old Morgan mare, but is coming off an injury and is limited to walking and trotting for now. Lessons would be best suited to beginners interested in learning horse care as well as riding. \$30/hour private; \$20/hour for semi-private (no more than two students per lesson). If interested, please call Charlotte Ballantine at 499-1201 (cell) or 835-2392 (home). 09-09-09

Don't buy new! Free boy's khakis. Size 16. Like new. Call Liza Dupuis at 357-1360. 09-09-09

Looking for interested person or persons who are willing to coordinate this year's ski/snowboard program. Season begins sooner than you think, so call soon! Liza Dupuis at 357-1360. 09-09-09

Indian Foodies: Homemade, authentic, vegetarian Indian food is available on Thursdays again. Feel free to contact me for more information about joining the weekly list, ordering food sporadically, or catering for full Indian meals, appetizers, etc. for special events, groups or parties: meenaneva@gmail.com or 352-8327. Thanks. Meena. 09-01-09

Host family needed for Indonesian exchange student. PAX, the Program of Academic Exchange, is looking for a host family in the city of Keene for a 16-year old Indonesian exchange student who is attending Keene High School this year. This experience offers families a great opportunity to learn first-hand about another culture and to share their life with a student who is eager to discover life in America. Reksa is one of a select group of Muslim students selected by the U.S. State Department for a full scholarship to live in the U.S. and experience the American way of life. She is easy-going, friendly and active, and enjoys writing poems and stories, reading books and listening to music. At home she participates in her school's English Debate Club, Student Council, Fair Trade organization and Senior Leadership training. Her profile can be viewed at http://pax.org/asp/pax.asp?st_id=14040&p=1975. Host families come in all shapes and sizes, including single parents, young couples and retirees. Families need only provide a place for the student to sleep and study, meals, and a warm, supportive environment. Providing a short term welcome stay for 6-8 weeks is also a hosting option. Students have their own spending money and medical insurance. For more information contact Ann Newsmith at (802) 257-4710 or ann.newsmith@gmail.com or visit www.pax.org. 09-01-09

National Geographic August 2009 issue needed for Ashuelot River High School. The Inheritors by William Golding is also needed for the high school. Please call Kathleen Murphy at 358-9914. 09-01-09

We have been looking for a car and would love some help with our search. We need a small, fuel-efficient car with little rust. It has to be affordable, but in

good shape so that it doesn't cost a fortune to keep it running. Do you have any leads? We'd appreciate all information and advice. Thank you. *The Bickfords, 445-2157. 9-01-09*

Wanted: easy care houseplants for Ashuelot River High School. *Please call Kathleen Murphy at 358-9914. 09-01-09*

Pastured chickens and turkeys available. *Please call Abenaki Springs Farm for details at 445-2157. 09-01-09*

Winter CSA Shares available. Please call us soon for your share of fall and "winter storage" produce. *For details, please call Abenaki Springs Farm at 445-2157. 09-01-09*

Childcare exchange? We are looking for childcare for our 5-year-old daughter for two days of the week from noon until 3 pm, preferably a family from the nursery/kindergarten. *Call Sherman and Heather Morrison at home: 603-357-9613. 09-1-09*

Home wanted! I am looking for a 2 bedroom apartment in a quiet, peaceful setting. I am an herbalist and creative person, and live a very quiet life with my 2 indoor cats. I am longing for a sanctuary to live in, with very quiet and considerate neighbors and a caring landlord. I'd like to have space for a small herb garden. I need to find somewhere within the next 60 days if possible. Thank you! *Please call Catherine Torelli at 876-3887. 9-01-09*

House for Sale: Right down the street from MWS at 190 S. Lincoln St. Wonderful front porch, 3/4 bedrooms, 1.5 baths, one car garage, lovely open living room and dining room with built-ins and fireplace. Wood floors throughout. \$203,000. *Contact Holly Gorsuch at BHG The Masiello Group for more information or a showing. hollygorsuch@masiello.com or 603-313-1224 cell. 09-01-09*

Home for rent: Harrisville. 2 story, 3 bedrooms, available for rent Sept. through June. Includes garage, enclosed porch, large contemporary kitchen, deck overlooking scenic view of woodlands and stream, plenty of windows with good light. Walking distance to pictur-

esque village, lake, post office, store, library and church. No smoking, no pets. \$850/MO + utilities. Full year lease negotiable. *Please call Margaret Goodman at 603-827-3679. 09-01-09*

Home - wanted. Erin is a yellow lab, female, 5/6 years old, very friendly with children, adults and dogs. She is very obedient and house trained. She tolerates being left alone at home very well. Erin needs more contact with people and more activity. *Call Jim at 603-355-0183 for more information. 09-01-09*

House for sale - For Sale By Owner, 115 North Lincoln Street, Keene, \$303,000, 1.3 acres, 3 bedrooms, 2 full bath, 2 1/2 bath, hardwood floors, office, large living room with wood fireplace, farmers porch, wood stove, property borders Robin Hood Park, walking distance to MWS. *Call Tim or Sarah 355-2911. 09-01-09*

Calling all animals! In anticipation of the Fourth Grade Human and Animal study, what better way to inspire our young students than to display for them the countless array of carefully crafted creatures which have been handmade by our own sixth graders over the years! *Thia Zakrzewski at 357-4442, Ext. 628*

For sale: two lightweight car seats. Removable backs allow boosters to be used alone. \$15 for each. *Please call Susan at 355-1156. 09-01-09*

Homemade, sturdy platform for your twin mattress. Not pretty, but gets you off the floor and provides space for boxes underneath. \$40. *Please call Susan at 355-1156. 09-01-09*

A well maintained home is cozy, comfortable and inviting. **For carpentry, renovation, painting and landscape work,** *call Markus Wetterhorn at 363-8268 or 313-1748. August 2009*

Babysitting or parent-helper services offered by MWS 8th grade student. Red Cross Babysitting Course completed April 2009, including first aid certification. Available weekends and most evenings during the school year. *Contact Will Henry at 355-8132. August 2009*

Celebrate, nurture and heal through the written word. I will create a deeply

meaningful written expression for your loved one in failing health, newborn baby, bridal party member, parent, child, spouse, friend. Also offering memoir editing, life stories, sympathy cards, thank you notes. *Contact Carol at 603-835-6939 or bymypen@gmail.com. 5-27-09*

Bruce Elliot has opened his massage practice - It's called "Music To Your Body." Massage is great for helping you address the stress in your life. It can bring relief from the various types of chronic tension that we all hold in our bodies. *Please call or email to set up an appointment at 358-1064 or music toyourbody@gmail.com. 4-14-09*

Please consider me for your home improvement needs: J. Klassen Carpentry and Painting. Interior/exterior painting, lazure, drywall, roofing, sidewalling, window replacement, floor installing and refinishing, screened porches, chimney flashing, insulating, small scale renovating. Interest in working with living design. References available and fully insured. *Call Jonathan at 603-903-3028.*

Community Events

The Starving Artist

10 West Street, Keene, NH 03431, 603-352-6900
www.thestarvingartistcollective.com

Core Strength Yoga Class at The Yoga Space

A slow and gentle vinyasa flow yoga class with an emphasis on core strengthening. "Vinyasa" means movement and breath together. Learn to move from the core incorporating breath control, abdominal exercises, yoga postures, meditation and deep relaxation. Suitable for all levels of experience. Instructed by Gretchen Carmel. Mondays and Thursdays at 9:30am and Wednesdays at 4pm. *For more information, call The Yoga Space at 603.352.2686 or email theyogaspace@gmail.com.*

Morning Mantra at The Yoga Space

Immerse yourself in the ancient sound of mantra and basic meditation. Learn the healing properties of Sanskrit and experience the power of group chanting. Each class will have a specific focus. No experience necessary. Taught by Gretchen Carmel. Thursdays, 10:50-11:50am, Sept. 17 and 24. Saturdays, 8:15-9:15am, Sept. 19 and 26. \$12/class or \$30/3 classes. *For more information, please call 603.352.2686.*

Home Practice Workshop at The Yoga Space

Develop focus, concentration, connection to the Divine and commitment to your spiritual path with a home practice. Whether it be 5 minutes or an hour a day, taking time to center, quiet and relax...moving away from the mind and into the heart, can be very rewarding. This workshop includes some gentle yoga, journaling, steps to define your spiritual practice (whether it be yoga, meditation, pranayama, and/or mantra), discussion of a 40-day discipline and tips on how to create an altar. Wednesday, Sept. 16th, 9:30-11am OR Saturday, Sept. 19th, 11:30-1pm \$20. Workshop will be lead by Gretchen Carmel. *To register, please call 603.352.2686 or email theyogaspace@gmail.com. The Yoga Space is located at 82 Washington St. in Keene.*

MUSIC TOGETHER FOR MONADNOCK FAMILIES

Share the joy of music-making with activities that build on children's natural enthusiasm for music, and provide playful, engaging ways for children and adults to relate to each other musically. For children birth - 5 years and their parents or caregivers. Meet for 45 minutes each week for songs, chants, movement, and instrumental jam sessions. Relaxed, playful atmosphere - lots of fun! Ten week Winter Session starts September 16th. Classes offered: Wednesdays mornings at 10:00, Thursday mornings at 9:30, Thursdays evenings at 6:30. *All classes will be held at the Keene Community Music Center in downtown Keene. Call Nancy at 357-4693 for more information or to register. www.songleader.net*

Monadnock Literary & Arts Festival

September 18-20th, 2009

Three days of the arts: writer discussions and workshops, artist presentations, live music, and local food.

For more information and a complete schedule, visit www.glenbrook.org or contact Twain Braden, Glen Brook Director: twain@glenbrook.org or 603-876-3342.

BLUES BLOWOUT with THE JOHNNY WINTER BAND & THE JAMES MONTGOMERY BLUES BAND featuring the legendary JAY GEILS on guitar & THE UPTOWN HORNS

Friday, September 25th @ The Colonial Theater in Keene, NH.

Three blues legends, two bands, one night! 8pm door, adv. Tix \$39-\$49.

Tickets available at the Colonial Box Office: 603-352-2033. Presented by McNally Entertainment.

Food Preservation Workshop in October

This Food Preservation Workshop will be the basics of freezing and drying, canning (we will probably can some tomatoes), and making lacto-fermented vegetables (we will put together some sauerkraut). We will have a look at the root cellar and explore other options for food storage spaces. *Please call Erin Bickford at 603-445-2157 if you have an interest.*

School Fundraisers

Eighth Grade Bread and Cookie Order Form

Name: _____ Grade: _____

Orders due: Thursday, September 17, 2009

Pick-up date: Thursday, September 24, 2009



<u>Quantity</u>	<u>Description</u>	<u>Price</u>	<u>Total Price</u>
	Small FRENCH	\$4.25	
	Loaf Pan FRENCH	\$4.75	
	Sesame Batard FRENCH	\$4.25	
	4 SEED SUNNY FLAX	\$4.50	
	Large COUNTRY ROUND	\$4.75	
	WHOLE WHEAT	\$4.75	
	OLIVE ROSEMARY	\$4.75	
	Special: Roasted Potato	\$4.75	
	Wheat-Free: Six Seed and Grain	\$4.75	
	Cookie: Chocolate Chip	\$1.50	
	Oatmeal Raisin	\$1.50	
		TOTAL \$	_____

*Please turn order in to the Main Office
at the elementary school.
Please make checks payable to
MWS Class of 2010.*