



Weekly Notice

October 14,
2009

Issue 8

A WEEKLY PUBLICATION OF MONADNOCK WALDORF SCHOOL

Pumpkinfest This Saturday and We Need Volunteers!

Did you know this is one of the biggest fundraisers for the Parent Council? Did you know that our Parent Council proceeds directly fund programs for the children? Please give your time and it will be time and money well spent! Here are the details: on October 17th MWS will be selling yummy popcorn with flavored toppings, a wonderfully delicious Indian sandwich called, "pau bhaji", and authentic chai (a big hit last Pumpkinfest!) along with water.

Our school's booth will be at Central Square across from Luca's—a fabulous location! The Parent Council Representatives of each class will need much support so feel free to ask them all the details on how you can help our school be a success at the Fest! We are asking for many volunteers. For example: set-up from 7-10 a.m. and then two hour shifts (or longer if you wish to stay), popcorn poppers and servers and (the less glamorous) garbage collector. The evening shift is from 6 - 10 p.m. and a closing shift 8-10 p.m. to end the night. We expect to be very, very busy! Go ahead and join the fun. You may simply sign up two ways: go to our Wiki site, mwsparentcouncil.intodit.com then, create your account to join or (for return guests) just log-in, select "Pumpkin Festival" then sign up for a shift by clicking on the "edit page" button below the Home button in the upper left. Select your desired shift. It is that easy!

Sign up early, space is limited! Don't have a computer, computer challenged or rather talk to a person? No problem! Jennifer Whitehead is ready to take your call at 620-3662. Thanks Jennifer!

Andrea Lowe

Monadnock Waldorf School is dedicated to nurturing young human beings who will be capable of contributing fully to the tasks of life with courage, compassion, and conviction. We strive to foster wholeness and life long well being through awakening an abiding love and interest in the world while cultivating the gifts and strengths that are unique to each individual student.

You Are Invited to Share Your Thoughts...

As you probably know by now, we are excited to be welcoming seven of our colleagues from throughout the northeast to our school as part of our effort to become accredited by the Association of Waldorf Schools of North America (AWSNA) and the New England Association of Schools and Colleges (NEASC). Our faculty and Board have spent the past two years looking at our school from many different perspectives and have put these findings together in an impressive document that is available for all members of our school community to review.

When the members of our visiting team are here, from October 18-21, they will be speaking to many members of our community to hear about our school. You are invited to stop in on Tuesday morning, October 20 from 8:15-9:15 to join in that discussion. We will be happy to welcome you in the assembly room at the elementary school and in the parent room on Old Walpole Road. RSVPs to the main office, 357-4442, will help us in planning, but don't let the fact that you forgot to call keep you away!

Hope to see you there!

Betsi McGuigan, Accreditation Coordinator

Community Service

All over New Hampshire food kitchens are experiencing an increase in the number of people needing help with meals for themselves and their families. The Keene Community Kitchen is a crucial link between good food and the people who need it. For the past two years parents and teachers from our school have worked various shifts at The Kitchen and we will continue that this year.

Because the Sunday shift is now four hours, they will have our group pack food for the family boxes so we can continue with a two hour shift. This year children older than 10 may accompany a parent on a shift.

Our first date is: **Sunday, October 18th** between 9 am and 11 am. Please let Miss Marshall know if you can join us.

Monica Marshall, 357-3285

Annual Fund Season About to Begin

As the stunning New England autumn unfolds, so too will Monadnock Waldorf School's Annual Fund! You will receive our school's new appeal in a few weeks. It will look a little different as it will be mailed separately and in advance of the Annual Report. In the meantime, here are a few quick tips as you consider donations:

Gifts of cash and checks

Donations via checks (or cash) are the easiest and most direct way to help causes you care about. A check you put in the mail must be postmarked by 31 December or earlier to qualify for a 2009 charitable tax deduction.

Stock Gifts

Even with recent market ups and downs, some securities are still showing long-term gains. These stocks are perfect for donating! When making gifts of appreciated securities, no taxes are paid on the capital gain. You qualify for a charitable tax deduction for the full fair market value of the stock on the day it was donated. For stocks that have lost in value, you may sell them and use the proceeds to make a cash (check) gift. You may qualify for one tax deduction for the loss in value and another for the charitable gift itself.

Bequests

Although technically not an Annual Fund donation, gifts made from bequests are an extraordinary way to support Monadnock Waldorf School and its mission. A bequest is a provision anyone can make in her or his estate plans. Your bequest may be a fixed dollar amount or a stated percent of your estate.

If you have questions about these or any giving options, please contact or visit me. I have so enjoyed getting to know you and am honored to have joined the MWS community.

Rüdiger Ruckmann, Development Leader
rruckmann@monadnockwaldorfschool.org
603.357.4442, Ext. 105

Basketball Season

Basketball season begins this Wednesday, October 14 and next Wednesday, October 21 for all players. The skills practices will be at the Water Street courts if the weather permits. If needed, it will be at Camp Spofford. (All parents who would like to observe our program should feel free to come.) Practice is from 3:30 to 5:00 pm and players must have their permission forms turned in to participate!

Peter Schoen

"Darn! Fall is Half Over and I Haven't _____"

Don't worry. The 7th grade can make sure your wood-stacking, leaf-raking, garden-tending, and household chores are done in time for winter. These strong enthusiastic kids are available for hire immediately. Curious about what they can do? Call Liza Dupuis: 357-1360.

Is Anyone Humming Jingle Bells?

I know it is early to be thinking about this but the 7th grade will again be selling wreaths and other greens this year. Orders will need to be in by Nov 15th. The items will be delivered at pickup on Dec 2nd or 3rd. Starting next week in the *Weekly* there will be an order form. Please mark your selections and place the form and a check made out to MWS class of 2011 in the envelope in the office. Prices this year are 22" wreath - \$14.00 plain, \$21 decorated. 28" wreath - \$18 plain, \$25 decorated. 36" wreath - \$28 plain. Roping \$46 for 10 yards. **New this year** - Kissing balls - 12" in diameter - \$26 plain and \$32 decorated. Thanks to all for the wonderful support. Sleigh bells ring are you listening?

Carla Folkert for the 7th grade

Calendar of Events

October 15

*Nursery-Kindergarten Open House
9 to 11 am*

October 17

Pumpkinfest

October 19 through 21

Accreditation Visiting Team

PHOTO DAY

*November 17 at Nursery-Kindergarten
November 18 at elementary school*

Winter Program

This year the school's Winter Program will take place on five Fridays in January and February. 5th-8th graders are given the chance to ski or snowboard. All other students will enjoy outdoor activities. We will engage in a variety of supervised outdoor activities that will vary with the weather, snow, and ice conditions.

Peter Schoen

True Botanica Order

We will be placing a True Botanica order. Order forms are in the Main Office at the elementary school. Please make sure that you return your orders to the Main Office at the elementary school by Friday, October 30, 2009.

Monica Marshall



Know Your Child

A morning with Jane Swain
Wednesday, October 21, 2009

8:30 to 10:30 am

424 Old Walpole Road, Keene, NH

Have you ever noticed how one child contributes to the noise in a loud and bustling environment while another responds to the same situation by squeezing behind the sofa and covering up with a blanket?

Come learn the secret language of behavior and how behavior may be your children's ways of meeting sensory needs. You will get to know your own children more fully as the unique individuals they are and help them cope in a variety of sensory situations.

MONADNOCK WALDORF SCHOOL

603-357-4442 www.monadnockwaldorfschool.org

Fall Afterschool Programs

We are pleased to offer a full schedule of afterschool programs for students this fall! These include:

Afterschool Eurythmy: Led by Ms. Ahn. Tuesday afternoons in the Assembly Room, 3:15-4:15, through November 24. Open to grades 5-8. The group will work with the Chinese story "Tiki Tiki Tembo."

MWS Jazz Band: Led by Mr. Elliot. Thursday afternoons, 3:00-4:15 in the Movement Room. Running through the year. Open to winds and brass players in grades 7-9. Come play some great jazz, swing and ragtime band music!

MWS String Band: Led by local musician and cello teacher Andrew Cunningham. Thursday afternoons, 3:15-4:15 in the Library, through December 3. Open to all students in grades 6-9. The group will be playing a mix of some old, some new, and some improvisational music!

Basketball Program: Open to grades 6-8. Practices and skill work will begin for the boys and girls teams on Wednesday, October 14. Games will begin in December. Stay tuned for more details as the season draws closer!

It is not too late to sign up for the Jazz Band, Eurythmy programs or Strings Group; if you would like to sign up, please pick up a sign-up/emergency contact form in the office and return it to Ms. Ahn's, Mr. Elliot's, or Ms. Wiener's box. Contact them with questions, and contact Mr. Schoen with questions about the basketball season. Please return the sign-up/emergency contact form for the String Band to Ms. Wiener's box.

Nell Wiener

Apple Hill Chamber Players at MWS

The Apple Hill Chamber Players will present a concert in our Assembly Room on Sunday afternoon October 25 at 3:00 pm. The concert, featuring works by Haydn, Sedgewick, and Schumann, is part of the *Monadnock Region Concert Series*.

Apple Hill Chamber Players include Elise Kuder, violin, Sarah Kim, violin, Mike Kelley, viola, and Rupert Thompson, cello. Our music students (and their families!) should especially enjoy these three pieces written for string quartet. The suggested donation is \$10.00 and more information is available by calling 847-3371 or at the website www.applehill.org.

Tuition Payments Due

A reminder to parents making three payments, your final installment is due November 1, 2009. (All late payments will be charged a fee.)

*Jo-Anne Yardley
Business Office*

Save The Date!

Else Gottgins, a master Waldorf teacher from Holland, will be visiting our school for a week in November. Else will give a talk for parents on Tuesday evening, November 10, speaking about the differences between the Waldorf curriculum that teaches through nurturing children's capacities and curricula that use drill as a model.

Look to future *Weekly Notices* for more information.

Calling All Enthusiastic and Intrepid 5th-8th Graders:

The 2010 MWS Ski/Board Program is underway! Many of us have already begun thinking about the fun we'll have this January on Crotched Mountain. Help our school receive deep discounts by signing up online before October 23! Go to <http://www.crotchedmountain.com/MWSski.html> and sign up for the 5-week school program with lessons. (Lessons are mandatory for all those participating.) The price has not changed since last year. It is still \$129 for the package. In the check-out step you may purchase rentals (\$40) and/or pass protection. You may either pay online with a credit card or give a check made out to MWS Ski/Board Program to Jo-Anne Yardley in the business office. October 23 is right around the corner, so don't delay. More details to follow- soon- I promise.

*Liza Dupuis
For the MWS Ski/Board Program*

Earth Friendly Parent Council Fundraising



Once again this year, the MWS Parent Council will be coordinating a catalog product sale through the Greenraising company. Participation in this initiative is purely voluntary and sales of this type are never 'high pressure' at MWS. We had a very successful sale last year which allowed us to make some additional allocations to various educational initiatives and we'd like to repeat our success this year. We found that the Greenraising products gave us the opportunity for families and our extended school community to purchase quality merchandise and have a portion of the purchase price returned to benefit our school and its programs. Greenraising prides itself on offering earth friendly products, often made from recycled materials or designed to minimize the use of disposable materials. This year's catalog and order form are attached to this week's newsletter. If you are interested in participating, please complete the order form and submit it to Suzanne in the office before October 21. Any products we purchase will be delivered prior to the Thanksgiving holiday. If you've never seen these products before, ask to see some samples in the "Love This Planet" bag in the office and thanks in advance for your help!

Jill Batty

The Crafts Fair Marches Toward Us!

The gnomes, dollies, and ornaments wait in their fleece, floss, and felt states to “become”. Won’t you please help that to happen? We were so busy during the summer trying to rescue our gardens from the slugs that we didn’t get the moons and stars ready for the winter decorating.

This week we will meet **Friday morning** at Lori York’s home (52 Probate Street; take Church Street down two blocks to Probate; Lori’s home is the fenced/brick-colored house). We meet anytime after drop off until 11:30 am. Come even if you have only an hour. Come even if you “can’t draw a straight line with a ruler.” We have projects, instruction, and patience for all skill levels. Young children may accompany you. They will enjoy their time more if they have a toy, their own craft, and a snack. We have a lot of fun and create some wonderful things for our Fair.

Margaret Foxweldon

Nursery- Kindergarten Wish List

- Love Seat or small couch for Sunflower Classroom
- Rain Pants (sizes 3 to 7)
- Fall or spring blooming perennial plants

Please contact Lynn Wetterhorn at the Kindergarten, 357-8663, if you can help us. Thank you!

Mark Your Calendars:

The Fall/Winter Music Concert will be Thursday, December 10 at 6:30 pm at the elementary school. The 6th through 8th Grade band and orchestra will perform as well as the 6th Grade chorus and the 7th, 8th and 9th Grade chorus. Students should plan to arrive by 5:45 pm. Stay tuned for further details. All family and friends are heartily invited; this is an exciting evening of music not to be missed!

Nell Wiener

Hannaford Fund Raiser!

Once again Hannaford has started its easy school fundraiser. Simply **buy four** of the same brand item and get a checkout coupon that donates \$3-4 to our school. Only selected brands apply—more pamphlets in the elementary Main Office.

Sarah Ellsworth,
For the Parent Council

Elm Trees For Sale by MWS 6th Grade

The 6th grade at MWS has 10 beautiful ELM TREES FOR SALE! We bought them in the 2nd grade, have looked over them with love and care, and are now ready to let them go. They are now 7-9 feet tall and ready to go into the ground! The cost is \$175 each.

For more information on these lovely trees, please visit www.landscapeelms.com.

Help support not only the Elm Research Institute for restoring Elm Trees to the American landscape, but the 6th grade with their first big fundraiser!

To see the trees and purchase them, please contact Stacey Masters at 603.352.9683 or Gretchen Carmel at 603.357.5803.

Accreditation Inspiration

From time to time we will present introductions to the curriculum that were part of our self-study.

Handwork Curriculum

The Handwork curriculum begins in the Nursery-Kindergarten and follows the developmental stages of the student through the eighth grade. Each grade works with acquiring a particular skill and gesture in the movement of the handwork task appropriate to the developmental needs of the age. The ability to transform the material world and create objects that are both beautiful and functional brings us fully into our humanity. Our hands, which distinguish us from the animal world, give us the possibility to create and transform the material world for the benefit of all, and thus make us cocreative members of the community.

Cotton, silks, and wool are used, cultivating a respect for the materials and where they come from, as well as awakening through the sense of touch a feeling for the natural world.

Handwork engages the whole human being, bringing the thinking and feeling life down into the will. Handwork develops an awakening interest in the world through the heart and feeling life while training the faculty of judgment and power of attention through bringing the children into movement. This activity, which exercises both hands in a harmonious way, not only brings skill into later life but also works deeply into the organization of the child, bringing balance and intention. The need for rhythm, repetition, the ability to follow patterns and problem-solving are strengthening aspects. Courage and determination are needed when making mistakes to pick oneself up and try again in following through to complete a project. Any inroads made through this striving have an effect for the whole of life.

Follow-through in completing the projects for the given year are an important part of strengthening the will and resolve to finish projects, as well as allowing for fresh, new impulses to be brought into the developmentally appropriate curriculum for the next year.

The first three grades form a foundation as the children work with one continuous thread, learning first to knit and then crochet, first flat and then three-dimensional objects. It takes nearly two years for the children to learn to knit well. Then they can begin crochet. The students are taught that everything must not only be pleasing to the eye with color and form but also be created in such a way as to serve its function. Design and the use of color should express and adapt to the use of the object.

Grade One

The children learn to knit after first making their own knitting needles.

Knitting needles are sanded and oiled, with a bead attached to the ends to keep the yarn from slipping.

Wool is wound from skeins that have not been overly processed, still retaining some lanolin.

Casting on the wool to the needles is learned, along with counting stitches.

Three-ply wool using the knit stitch is employed to make a rectangle that is stuffed with wool and sewn together to create a simple cat out of a single piece of fabric.

The children learn to cast off and stitch the fabric together.

Depending on the ability of the students, time allotted, and the teacher's discretion, knitted gnomes are made using various rectangular shapes and perhaps an introduction to the purl stitch.

Grade Two

Knitting is continued with the addition of learning how to purl, and increase and decrease stitches.

The first project involves picking up the knitting stitch learned in grade one and learning the purl stitch to create hats. The children choose their own colors, appealing to the individual temperament and a budding sense for harmony in color experience.

Animal designs are knitted using knitting, purling, increasing, decreasing, and hand sewing with yarn and stuffing. Tails, ears, and manes may also be fashioned out of yarn.

Grade Three

Crochet is learned and practiced in casting on, single and double crochet, increasing, decreasing, and extensive counting and keeping track of stitches to create projects of increasing complexity. Crochet engages the hands differently, using the left or right hand more and learning to use tension. Crochet helps to establish dominance, strengthening the left or right side, depending on the predilection of the student. Again, the children choose the colors and are guided in continuing to develop a personal relationship to color.

Ball nets, single chaining.

Pencil cases, single crochet, turning and going back and forth to create even edges and flat fabric.

Pot holders, placemats in geometric shapes, counting corners, working in the round.

Granny squares, more complicated patterns with double crochet.

Hats, bags, pouches, making three-dimensional objects using single and double crochet, counting, increasing and decreasing.

Grade Four

Fourth graders look at the world with increasing consciousness. They have crossed the Rubicon from the early golden age of childhood, where there is the experience of being united with everything, to middle childhood, where they stand as separate beings.

The inner gesture of the ten-year-old can be described as one of the cross (x), or holding oneself, for the first time, away from the world. This experience is directed into the activity of crossing stitches in design work.

Pencil cases are designed using symmetry and color composition to reflect the form and function of the cases. The gesture of the color sequence creates a holding gesture for the pencils to find their way into. The color experience can actually become a painting with cross-stitch thread, with lights and darks, bringing movement into the color with transitions moving from one color space to another without creating hard edges or preconceived shapes. This gives the added challenge of working freely and intuitively with color, counting stitches, and paying attention to the symmetry of right and left.

Fourfold symmetry in pincushions may also be practiced using the same technique, bringing another dynamic quality to color and design.

Students also practice crossing of stitches from left to right, always crossing the same way, making crosses from all four directions on the cloth, and skipping and filling in spaces.

Grade Five

In the fifth grade the children return to knitting in handwork class. After the initial introduction and mastery of knitting in the first and second grades, knitting is reintroduced on five needles. With a bit of refreshment it is satisfying to remember what one's fingers knew so well in the early grades. The added challenge of keeping track of five needles keeps it interesting! At first what seems a confusion of needles and yarn quickly becomes a familiar landscape for creating something both beautiful and practical.

Socks are created using patterns involving knitting, purling, and yarn-over to make a cuff, turn the heel, and shape the foot by increasing and decreasing.

Counting, measuring, and keeping track of rhythmic patterns are skills and techniques used in the making of socks.

To deepen the connection of the handwork with the image of the human being, the animal, and the plant world, is the task of the curriculum in these middle school years. To experience one's interconnectedness to the earth through engaging in the process of woodworking, sculpting three-dimensional animals, doll making, creating articles of clothing, slippers, and so forth, is to connect to the natural world with a respect for how materials are grown, processed, and made into useful objects. The attention given to striving for quality in the children's work, and the value placed on awakening aesthetic sensibilities and bringing them down into the practical sphere, become an essential preparation for any vocation in life.

Grade Six

After choosing an animal, it is initially sketched to capture the inner gesture of the nature of the animal and experience the form in three dimensions. Then comes the task of creating a pattern for cloth, maintaining the integrity of the three-dimensional aspect. Each animal is different and requires individualized gussets and pleats to create a rounded form. The form is then turned inside out and stuffed with care to bring out the living qualities. Backstitch is used for seams and the blind tunnel stitch to make the final closures.

Grade Seven, Fall

Felting forms the basis of the curriculum: the student's progress from the ball, to flat felt, to three-dimensional objects, to the final project of forming slippers.

Felt-making is the process of making wool fabric from carded fleece. Fleece is laid out with care to eliminate weak places or holes in the fabric and then joined together by rubbing in warm soapy water. The final shaping, hardening of the cloth, and shrinking takes place on a washboard.

Sensitivity, skill, and patience are needed to create quality work. Felting fabric in this way allows three-dimensional objects to be made without sewing together any seams. The use of color and design to complement the form and the function of the finished piece further enhances the artistic element. Felted balls, wall-hangings, scarves, handbags, mats, slippers, and hats are projects for the year.

Upon completion of the required felting projects, students may choose to work a mosaic in laminated glass or tile.

Grade Eight, Fall

The age of the Industrial Revolution in the curriculum brings the introduction to sewing on the sewing machine.

Machine maintenance and sewing skills are stressed in creating articles of clothing.

The first semester is devoted to practicing machine skills in the making of tote bags with batik pockets. Students design and batik pockets, often depicting the designated use of the bag and then constructing tote bags with flat bottoms, incorporating the pocket into the design of the bag.

The making of pajamas using commercial patterns is the next project. Students go to the fabric store and choose their own fabric. The students learn to read and follow a pattern. Cutting the cloth, the pinning of seams, basting, ironing, hand sewing hems, and the zigzag finishing of the seams are acquired sewing skills. Threading the machine, setting stitch lengths and patterns of stitches, and winding the bobbin are practiced machine skills.

*Janet Gordon
Art & Handwork Teacher*

Bulletin Board

Just in Time For Pumpkifest. Michael Callaway (MWS '08) is selling pumpkins for Keene High's Interact group. \$3 a piece with free delivery to MWS by Thursday or Friday, October 15 or 16. *Please RSVP to Michael at 313-3506 and he will let you know he's received your order.* 10-14-09

Now scheduling HOME ENERGY AUDITS. Philip Henry will soon complete the final requirements to be a BPI certified Building Analyst. Fully equipped with a blower door and other tools to analyze the efficiency of heating systems and household appliances, Philip will be scheduling mostly weekend appointments for home energy audits starting later this month. Whether your primary interest is in reducing your heating and utility costs or in reducing your carbon footprint, Philip can help you determine what energy-saving improvements would give you the best return on your investment. *Contact Philip at 355-4441 or eaudits@gmail.com.* 10-14-09

Cockatiel family seeks loving home. Gloria, Meggie, and their two chooks need more human attention. Gloria, an older male, has taught his son many words and songs, including the unwise "kitty kitty kitty." Meggie, Gloria's young bride, is a devoted mother. As a result, the family lives in adjacent apartments, boy side and girl side. These intelligent, personable birds need to stay together. Cages included. *Victoria Reck Barlow, CircleoftheSunNH@aol.com.* 10-14-09

Seasoned, log-length loads of firewood (eight cord minimum load) available for delivery to your home. *Contact Peter Renzelman at (603) 835-6939.* 10-14-09

Help find A cure! I am planning to walk the Susan G. Komen Breast Cancer 3-Day Walk For a Cure in Boston on July 23-25, 2010. Looking to see if there is interest to start a team with other parents from Monadnock Waldorf School. There is a minimum commitment to raise \$2,300.00 per walker

for this event. You can check out their website at <http://www.the3day.org/>. *If you are interested, please call or e-mail me. Thanks! Lori York (352-9675) e-mail: LYork@Lodestar2.com.* 10-14-09

MWS chai wallah extraordinaire, Sarah Ellsworth is **looking to borrow 8 pump pots** - to hold chai during the Pumpkifest. Got pump pots? *Call her at 357-1193.* 10-06-09

Free for the taking: 1 queen box spring in good condition. *Call Liza 357-1360.* 10-06-09

Looking for interested person or persons who are willing to coordinate this year's ski/snowboard program. Season begins sooner than you think, so call soon! *Liza Dupuis at 357-1360.* 09-09-09

For sale: mini drafting table perfect for doing main lesson pages. Black aluminum legs, easy clean white work surface measuring 42" x 30." 29" from floor in front, can slope to "39 in back (or remain level). \$40. *Please call Susan Rueter at 355-1156.* 10-06-09

For sale: low golden varnished wood table with trestle style base, 37"x25" and 23" tall. Has been used as a nature table, train table, and craft area for children. \$30. *Susan Rueter at 355-1156.* 10-06-09

For sale: I still have two lightweight car seats. *If you want to know more about them, please give me a call. Susan Rueter at 355-1156.* 10-06-09

If anyone is interested in ordering organic cranberries in bulk, please call Erin Bickford at 445-2157. 10-06-09

Fresh local eggs for sale. \$3.00/dozen for brown, extra large to jumbo eggs and \$2.50/dozen for light blue/green, small to medium eggs from our Easter egg chickens. *Kerri and John Machado, family of Keenan, 2nd grade, 603-256-6640, please leave a message.* 10-06-09

Help the High School. Do you run a business or are you starting a business

that will need new phone or internet services? The Ashuelot River High School will earn money for each new business referral. *Call Kathleen and ask her how you can help at 903-0064.* 10-06-09

Free stuff: small child's wooden work bench; old, coop-style bulk bin with 6 bins; old, very large dresser with 6 ft. long shallow drawers; and cement blocks. *If interested, please call Hilary Richardson at 355-8207.* 10-06-09

Ride needed - after school from Monadnock Waldorf elementary School to Surry Village Charter School for our son, Preman, in 8th grade. *If you can transport him Mondays, Thursdays or Fridays, or one or more days that would be a great help. Please call Glenn or Sharon 352-2207. Thank you.* 10-06-09

Experienced interior painter for hire: Flat, reasonable hourly rate plus materials (usually just the paint). No upfront deposit. Guaranteed clean, neat, fast work. No job too small. *Contact Nick Peria at 518-321-3030, or by email at, nick.peria123@gmail.com.* (Will consider some small exterior jobs.) 10-06-09

Professional drum lessons. In the comfort of your own home. References available. *Contact Dave Maclean at 404-797-7062.* 10-06-09

Piglets for sale. York/Hamp cross. They will be ready October 18. \$75 each. *Please call Neil Levesque at 313-5967.* 10-06-09

Sophia's Hearth Family Center in Keene, NH seeks a Fulltime Childcare Director for our new program to begin in Spring 2010, to begin work in December 2009. *For full position description, see our website: www.sophiashearth.org/?p=Employment%20Opportunities&all.* *Susan Weber, Director, at 603-357-3755.* 10-06-09

Please consider me for your home improvement needs: J. Klassen Carpentry and Painting. Interior/exterior painting, lazure, drywall, roofing, sidewalling,

window replacement, floor installing and refinishing, screened porches, chimney flashing, chimney cleaning, insulating, small scale renovating, and weatherization. Interest in working with living design. References available and fully insured. *Call Jonathon at 603-903-3028. 10-06-09*

I will deliver fresh, organic, raw milk from Flying Cloud Dairy on Thursdays at dismissal. \$4.50 for 1/2 gallon. *Contact Carol Renzelman for more information at 835-6939. 09-29-09*

Office for rent: large, sunny room on second floor of friendly building near Keene Public Library. Shared conference room, parking etc. *Call Bob Bernstein at 209-2000. 09-29-09*

We have fresh hops. *If interested, please call Carol or Peter at 835-6939. 09-29-09*

House and pet sitter: Experienced with all sizes and many types of animals, excellent references, \$25/day. *Kathleen Murphy at 358-9914. 09-29-09*

Home wanted: Looking for 2 bedroom home in a quiet, peaceful setting for me and my two indoor cats. I am an herbalist, nature lover and creative person, and am quiet and considerate. I am looking for a peaceful sanctuary to rest and live in, with quiet neighbors and a caring landlord. I would like space for a small herb garden. I need a place that includes heat and hot water, snow/trash removal and yard maintenance. I need to be fairly close to groceries, a veterinarian, a library, and other things I may need, because I cannot drive long distances. *Please call Catherine Torelli at 876-3887. 09-29-09*

House for Sale: Right down the street from MWS at 190 S. Lincoln St. Wonderful front porch, 3/4 bedrooms, 1.5 baths, one car garage, lovely open living room and dining room with built-ins and fireplace. Wood floors throughout. \$192,000. *Contact Holly Gorsuch at BHG The Masiello Group for more information or a showing. hollygorsuch@masiello.com or 603-313-1224 cell. 09-01-09*

Wanted for the High School: fridge, electric stove, kitchen items like plates,

bowls, glasses, cups, cutlery, cloth napkins, towels, mitts, toolbox and tools - screwdrivers, hammers, etc., tension rod 30" minimum length cream or off-white preferred, vases, cloth remnants at least 24" square in solid colors. *Please call Kathleen Murphy at 358-9914. 09-15-09*

Flute Lessons at my home in Keene have begun for the fall semester. Half and full hour sessions available. *Contact Carmen Buckley Reynolds at 355-2011. 09-09-09*

Horseback riding lessons. I am an MWS graduate (Class of 2001) and sister of Maysie Ballantine (Grade 7). I am home for a few months and would like to offer hunt seat riding lessons to horse loving beginners! I have been riding since I was 10 years old. I was lucky to have careful, personal instruction when I was young and I would be excited to help new riders get a good start. My horse is a 12 year old Morgan mare, but is coming off an injury and is limited to walking and trotting for now. Lessons would be best suited to beginners interested in learning horse care as well as riding. \$30/hour private; \$20/hour for semi-private (no more than two students per lesson). *If interested, please call Charlotte Ballantine at 499-1201 (cell) or 835-2392 (home). 09-09-09*

A well maintained home is cozy, comfortable and inviting. **For carpentry, renovation, painting and landscape work,** *call Markus Wetterhorn at 363-8268 or 313-1748. August 2009*

Babysitting or parent-helper services offered by MWS 8th grade student. Red Cross Babysitting Course completed April 2009, including first aid certification. Available weekends and most evenings during the school year. *Contact Will Henry at 355-8132. August 2009*

Celebrate, nurture and heal through the written word. I will create a deeply meaningful written expression for your loved one in failing health, newborn baby, bridal party member, parent, child, spouse, friend. Also offering memoir editing, life stories, sympathy cards, thank you notes. *Contact Carol at 603-835-6939 or bymypen@gmail.com. 5-27-09*

Community Events

Core Strength Yoga Class at The Yoga Space

A slow and gentle vinyasa flow yoga class with an emphasis on core strengthening. "Vinyasa" means movement and breath together. Learn to move from the core incorporating breath control, abdominal exercises, yoga postures, meditation and deep relaxation. Suitable for all levels of experience. Instructed by Gretchen Carmel. Mondays and Thursdays at 9:30am and Wednesdays at 4pm. *For more information, call The Yoga Space at 603.352.2686 or email theyogaspace@gmail.com.*

Fall Fun on the Farm

Each Saturday in October, 11 AM - 2 PM

Experience Stonewall Farm at its most beautiful! Horse-drawn hayrides to the pumpkin patch, pumpkins for purchase, fall treats and Stonewall Farm products will all be available, in addition to barnyard tours and other activities. \$4/person, \$2/6 and under. \$1/lb for pumpkins. *For information call Stonewall Farm at (603) 357-7278.*

Sophia's Hearth Sponsors area Contra Dance to support our annual fund raising campaign—October 25, 2009

Sophia's Hearth Family Center will host a family friendly Contra Dance on Sunday, October 25th from 2:30-7:00 p.m. at Alyson's Orchard on Route 12 in Walpole NH. World renowned caller, Nils Fredland along with musicians Mary Lea, fiddle, Stuart Kenney, banjo and bass, and the Waldorf School Contra Band will provide the entertainment. Tickets are \$10.00 each or \$25 for a family – this includes delectable desserts provided by Anne Michele Andrews, hearty soups prepared by Bagel Works and bread from Orchard Hill Breadworks. We will also have a silent auction with many donated items. The family friendly dance set will begin promptly at 3:00 – 4:00. A second set for adults and "serious dancers" will run from 5:00-6:45. If you are new to contra dancing or want to brush up on your technique, there will be an instructional set at 4:30. All proceeds will benefit the work of Sophia's Hearth Family Center. *For more information, please contact SHFC at 357-3755 or sophiashearth.org*

Planned Parenthood of Northern New England's Education and Training Department Invites You To Become a PPNNE Page Turner

Each season Planned Parenthood will select a book and invite community members to read the selection and then join for a thought-provoking discussion about the book and its themes, its applications, and its relevance to our lives. The premier selection is Stacy Malkan's award-winning book *Not Just a Pretty Face: The Ugly Side of the Beauty Industry*. This eye-opening book chronicles the discovery of toxic chemicals in cosmetic and personal care products, explains how the Campaign for Safe Cosmetics was founded and discusses efforts to clean up the U.S. cosmetics industry and company responses—both good and bad. The first Keene book club gathering will take place on Thursday, November 12 from 6:30 to 8:30 pm. If you would like to participate, please contact katherin@ppnne.org for more details.

School Fundraisers

Eighth Grade Bread and Cookie Order Form

Name: _____ Grade: _____

Orders due: Thursday, October 15, 2009

Pick-up date: Thursday, October 22, 2009



<u>Quantity</u>	<u>Description</u>	<u>Price</u>	<u>Total Price</u>
	Small FRENCH	\$4.25	
	Loaf Pan FRENCH	\$4.75	
	Sesame Batard FRENCH	\$4.25	
	4 SEED SUNNY FLAX	\$4.50	
	Large COUNTRY ROUND	\$4.75	
	WHOLE WHEAT	\$4.75	
	OLIVE ROSEMARY	\$4.75	
	Special: Onion cracked pepper & parm.	\$4.75	
	Wheat-Free: Six seed and grain	\$4.75	
	Cookie: Super nutty chocolate chip	\$1.50	
			TOTAL \$ _____

*Please turn order in to the Main Office
at the elementary school.
Please make checks payable to
MWS Class of 2010.*