



# Weekly Notice

October 6,  
2009

Issue 7

A WEEKLY PUBLICATION OF MONADNOCK WALDORF SCHOOL

## Recycle Your Children's Winter Wear

Please come to our school's annual winter children's clothing exchange. It is on Thursday, October 8th at the end of the school day in the elementary school's conference room next to Jo-Anne Yardley's office. You may drop off your clothes at drop-off and "shop" for new ones at pick-up!

*Thank you, Brie Maynard for the Parent Council*

**Monadnock Waldorf School** is dedicated to nurturing young human beings who will be capable of contributing fully to the tasks of life with courage, compassion, and conviction. We strive to foster wholeness and life long well being through awakening an abiding love and interest in the world while cultivating the gifts and strengths that are unique to each individual student.

## You Are Invited to Share Your Thoughts...

As you probably know by now, we are excited to be welcoming seven of our colleagues from throughout the northeast to our school as part of our effort to become accredited by the Association of Waldorf Schools of North America (AWSNA) and the New England Association of Schools and Colleges (NEASC). Our faculty and Board have spent the past two years looking at our school from many different perspectives and have put these findings together in an impressive document that is available for all members of our school community to review.

When the members of our visiting team are here, from October 18-21, they will be speaking to many members of our community to hear about our school. You are invited to stop in on Tuesday morning, October 20 from 8:15-9:15 to join in that discussion. We will be happy to welcome you in the assembly room at the elementary school and in the parent room on Old Walpole Road. RSVPs to the main office, 357-4442, will help us in planning, but don't let the fact that you forgot to call keep you away!

Hope to see you there!

*Betsi McGuigan, Accreditation Coordinator*



### Know Your Child

A morning with Jane Swain  
Wednesday,  
October 21, 2009  
8:30 to 10:30 am  
424 Old Walpole Road  
Keene, NH

Have you ever noticed how one child contributes to the noise in a loud and bustling environment while another responds to the same situation by squeezing behind the sofa and covering up with a blanket?

Come learn the secret language of behavior and how behavior may be your children's ways of meeting sensory needs. You will get to know your own children more fully as the unique individuals they are and help them cope in a variety of sensory situations.

**MONADNOCK WALDORF SCHOOL**

603-357-4442    [www.monadnockwaldorfschool.org](http://www.monadnockwaldorfschool.org)

## Adult Eurythmy

There will be no adult eurythmy class this Wednesday, October 7 due to hike day.

## Mark Your Calendars:

The Fall/Winter Music Concert will be Thursday, December 10 at 6:30 pm at the elementary school. The 6th through 8th Grade band and orchestra will perform as well as the 6th Grade chorus and the 7th, 8th and 9th Grade chorus. Students should plan to arrive by 5:45 pm. Stay tuned for further details. All family and friends are heartily invited; this is an exciting evening of music not to be missed!

*Nell Wiener*

## Annual Fund Season About to Begin

As the stunning New England autumn unfolds, so too will Monadnock Waldorf School's Annual Fund! You will receive our school's new appeal in a few weeks. It will look a little different as it will be mailed separately and in advance of the Annual Report. In the meantime, here are a few quick tips as you consider donations:

### Gifts of cash and checks

Donations via checks (or cash) are the easiest and most direct way to help causes you care about. A check you put in the mail must be postmarked by 31 December or earlier to qualify for a 2009 charitable tax deduction.

### Stock Gifts

Even with recent market ups and downs, some securities are still showing long-term gains. These stocks are perfect for donating! When making gifts of appreciated securities, no taxes are paid on the capital gain. You qualify for a charitable tax deduction for the full fair market value of the stock on the day it was donated. For stocks that have lost in value, you may sell them and use the proceeds to make a cash (check) gift. You may qualify for one tax deduction for the loss in value and another for the charitable gift itself.

### Bequests

Although technically not an Annual Fund donation, gifts made from bequests are an extraordinary way to support Monadnock Waldorf School and its mission. A bequest is a provision anyone can make in her or his estate plans. Your bequest may be a fixed dollar amount or a stated percent of your estate.

If you have questions about these or any giving options, please contact or visit me. I have so enjoyed getting to know you and am honored to have joined the MWS community.

*Rüdiger Ruckmann, Development Leader*  
ruckmann@monadnockwaldorfschool.org  
603.357.4442, Ext. 105

## Testimonial in Praise of a 7th Grade Work Party

This past Sunday we hired the 7th grade to help us stack 3 cords of wood. I could not be happier with the job they did! We had 8 kids and a teacher help us with this laborious task. They arrived on time. They worked steadily and enthusiastically for the two hours it took us to put it all away. Their cheerful willingness to work hard was a pleasure to support. Thank you 7th grade!

*Don and Liza Dupuis*

## Free Tickets to Keene Chamber Orchestra

Our friends in the Keene Chamber Orchestra and their conductor Eric Stumacher will make complimentary tickets available to their fall concert for Monadnock Waldorf School families.

The concert, scheduled for Sunday, October 11 at 4:00 pm at the Colonial Theatre on Main Street in Keene, includes a world premiere concerto for bassoon and guitar by Jose Lezcano. Rossini's *William Tell Overture* and Mendelssohn's *Italian Symphony* are also on the program.

To reserve your tickets, please call Suzanne or Jeni in our Main Office at 357-4442 and ask them to add your name and the number of tickets you would like to the list. On concert day, simply call for your tickets at the box office.

We remain grateful for this generous gift from the Keene Chamber Orchestra. Enjoy the performance!

*Lisa Mahar*

## Calendar of Events

**October 7**  
*Parent Council Meeting at 6:45 pm*  
**October 8**  
*Parent Council Clothing Exchange*  
**October 9 through 12**  
*No School*  
**October 15**  
*Nursery-Kindergarten Open House  
9 to 11 am*  
**October 17**  
*Pumpkinfest*  
**October 19 through 21**  
*Accreditation Visiting Team*

## Note of Thanks

The Legg family would like to express a hearty and humble "thank you" to the parents of the third grade class for the kindness, generosity, warm wishes, and good food sent our way in September.

*Sincerely,*

*John Scott, Ashley, and Emma Rose*

## Attention All Knitters

If you can knit and purl, your skills can be put to good use on the MWS Crafts Fair raffle lap robe. Just call Margaret at 355-1371 or Carol Driscoll at 352-8721 for details. Soft yarn, appealing colors. You'll be keeping someone warm!

*Carol Driscoll*

## Earth Friendly Parent Council Fund- raising



Once again this year, the MWS Parent Council will be coordinating a catalog product sale through the Greenraising company. Participation in this initiative is purely voluntary and sales of this type are never 'high pressure' at MWS. We had a very successful sale last year which allowed us to make some additional allocations to various educational initiatives and we'd like to repeat our success this year. We found that the Greenraising products gave us the opportunity for families and our extended school community to purchase quality merchandise and have a portion of the purchase price returned to benefit our school and its programs. Greenraising prides itself on offering earth friendly products, often made from recycled materials or designed to minimize the use of disposable materials. This year's catalog and order form are attached to this week's newsletter. If you are interested in participating, please complete the order form and submit it to Suzanne in the office before October 21. Any products we purchase will be delivered prior to the Thanksgiving holiday. If you've never seen these products before, ask to see some samples in the "Love This Planet" bag in the office and thanks in advance for your help!

*Jill Batty*

## *Apple Hill Chamber Players at MWS*

The Apple Hill Chamber Players will present a concert in our Assembly Room on Sunday afternoon October 25 at 3:00 pm. The concert, featuring works by Haydn, Sedgewick, and Schumann, is part of the *Monadnock Region Concert Series*.

Apple Hill Chamber Players include Elise Kuder, violin, Sarah Kim, violin, Mike Kelley, viola, and Rupert Thompson, cello. Our music students (and their families!) should especially enjoy these three pieces written for string quartet. The suggested donation is \$10.00 and more information is available by calling 847-3371 or at the website [www.applehill.org](http://www.applehill.org).

## *Pumpkinfest Planning Underway! We Need Volunteers!*

On October 17th MWS will be selling yummy popcorn with flavored toppings, a wonderfully delicious Indian sandwich called, "pau bhaji", and authentic chai (a big hit last Pumpkinfest!) along with water.

Our school's booth will be at the turn around across from Luca's -a fabulous location! The Parent Council Representatives of each class will need much support so feel free to ask them all the details on how you can help our school be a success at the Fest! We are asking for many volunteers. For example: set-up from 7-10 a.m. and then two hour shifts (or longer if you wish to stay), popcorn poppers and servers to (the less glamorous) garbage collector. The evening shift is from 6 - 10 p.m. and a closing shift 8-10 p.m. to end the night. We expect to be very, very busy! Go ahead and join the fun. You may simply sign up two ways: go to our Wiki site, [mwsparentcouncil.intodit.com](http://mwsparentcouncil.intodit.com) then, create your account to join or (for return guests) just log-in, select "Pumpkin Festival" then sign up for a shift by clicking on the "edit page" button below the Home button in the upper left. Select your desired shift. It is that easy!

Sign up early, space is limited! Don't have a computer, computer challenged or rather talk to a person? No problem! Jennifer Whitehead is ready to take your call at 620-3662. Thanks Jennifer!

*Andrea Lowe*

## *Desperately Seeking . . .*

The Crafts Fair Committee is small and needs help! We are looking for lovely volunteers in the upper grades to take leadership roles (planning and delegating) in the following: parking, children's crafts, and the brochure.

If you are interested or would like to nominate someone else (with their consent), please call—please—Carla Folkert at 352-1585.

## *Michaelmas Thanks*

I was lucky enough to be at both the nursery-kindergarten and the elementary Michaelmas Festivals. I want to thank everyone who helped to make these events joyful and meaningful. Both events were heartwarming examples of the importance of festival events for our community life, whether we were watching the delight of our young potato harvesters at nursery-kindergarten or engaged by the clarity of the villagers as they called on St. Michael for aid at the elementary festivities or feasting our eyes (and our appetites) on the artful dragon bread of the ninth graders. Thanks to the parents, teachers, and of course, the children, who shaped our celebration of Michaelmas!

*Lisa Mahar*

## *Calling All Enthusiastic and Intrepid 5th-8th Graders:*

The 2010 MWS Ski/Board Program is underway! Oh, it's warm now, but many of us have already begun thinking about the fun we'll have this January on Crotched Mountain. Help our school receive deep discounts by signing up online before October 13! Go to <http://www.crotchedmountain.com/MWSski.html> and sign up for the 5-week school program with lessons. (Lessons are mandatory for all those participating.) The price has not changed since last year. It is still \$129 for the package. In the check-out step you may purchase rentals (\$40) and/or pass protection. You may either pay online with a credit card or give a check made out to MWS Ski/Board Program to Jo-Anne Yardley in the business office. October 13 is right around the corner, so don't delay. More details to follow- soon- I promise.

*Liza Dupuis*

*For the MWS Ski/Board Program*

## *Community Service*

All over New Hampshire food kitchens are experiencing an increase in the number of people needing help with meals for themselves and their families. The Keene Community Kitchen is a crucial link between good food and the people who need it. For the past two years parents and teachers from our school have worked various shifts at The Kitchen and we will continue that this year.

Because the Sunday shift is now four hours, they will have our group pack food for the family boxes so we can continue with a two hour shift. This year children older than 10 may accompany a parent on a shift.

Our first date is: **Sunday, October 18th** between 9 am and 11 am. Please let Miss Marshall know if you can join us.

*Monica Marshall, 357-3285*

## *The Crafts Fair Marches Toward Us!*

The gnomes, dollies, and ornaments wait in their fleece, floss, and felt states to “become”. Won’t you please help that to happen? We were so busy during the summer trying to rescue our gardens from the slugs that we didn’t get the moons and stars ready for the winter decorating.

This week we will meet **THURSDAY morning instead of Friday** at Lori York’s home (52 Probate Street; take Church Street down two blocks to Probate; Lori’s home is the fenced/brick-colored house). We meet anytime after drop off until 11:30 am. Come even if you have only an hour. Come even if you “can’t draw a straight line with a ruler.” We have projects, instruction, and patience for all skill levels. Young children may accompany you. They will enjoy their time more if they have a toy, their own craft, and a snack. We have a lot of fun and create some wonderful things for our Fair.

*Margaret Foxweldon*

### ***Slow Down***

Each and every parking and driving guideline in our parent handbook is directed toward the safety of our children and toward good relations with our neighbors.

Recently a young mother from our neighborhood stopped at the elementary school to ask that drivers slow down going up Wilber Street. She said cars were traveling so fast that it was scary.

We know that mornings and afternoons can be busy times. You may be thinking about what you need to do next or you may be running late. Even so, we ask you to take the time to follow all driving and parking guidelines. Your thoughtful attention makes drop-off and pick-up safe for everyone.

*Thank you, Lisa Mahar*

### ***Receive the Weekly Notice in Your In-box***

Please let Suzanne in our Main Office know if you would like to receive the *Weekly Notice* electronically. It will come directly to your inbox on Tuesday—no paper, no printing, no carrying home! We hope this might be more convenient for you and we know it is more cost-, time-, and resource-efficient for us! Reach Suzanne at [sruse@monadnockwaldorfschool.org](mailto:sruse@monadnockwaldorfschool.org).

*Lisa Mahar*

### ***Hannaford Fund Raiser!***

Once again Hannaford has started its easy school fundraiser. Simply **buy four** of the same brand item and get a checkout coupon that donates \$3-4 to our school. Only selected brands apply—more pamphlets in the elementary Main Office.

Carla Folkert’s favorite choice is four cans of beans for 99 cents each—\$3 for the school! Place coupons in labeled pocket at the front of the store. Last year we raised over \$500 for our music program—let’s beat that record!

*Sarah Ellsworth,  
For the Parent Council*

### ***Alumni News***

Monadnock Waldorf School alumnus, Sam Bernstein, is one of the 18 freshmen enrolled at High Mowing School, in Wilton, NH, this year. 87% of High Mowing’s current Freshmen students come from 8 Waldorf schools throughout the US—Bright Water School (WA), Cape Ann Waldorf School (MA), Charlottesville Waldorf School (VA), East Bay and Pasadena Waldorf Schools (CA), Housatonic Valley Waldorf School (CT), and Monadnock and Pine Hill Waldorf Schools (NH).

## ***School Store***

Thanks to the incredible talent and hard work of Tracy Huntley the school store is open and ready for fall shopping. We have the crayons, pencils, beeswax and other assorted crafting items that you may be needing. The store is open when you need to shop so stop in and see how nice it looks. Thanks Tracy!

*Carla Folkert*

## ***Nursery- Kindergarten Wish List***

- Love Seat or small couch for Sunflower Classroom
- Rain Pants (sizes 3 to 7)
- Fall or spring blooming perennial plants

Please contact Lynn Wetterhorn at the Kindergarten, 357-8663, if you can help us. Thank you!

## ***Elm Trees For Sale by MWS 6th Grade***

The 6th grade at MWS has 10 beautiful ELM TREES FOR SALE! We bought them in the 2nd grade, have looked over them with love and care, and are now ready to let them go. They are now 7-9 feet tall and ready to go into the ground! The cost is \$175 each.

For more information on these lovely trees, please visit [www.landscapeelms.com](http://www.landscapeelms.com).

Help support not only the Elm Research Institute for restoring Elm Trees to the American landscape, but the 6th grade with their first big fundraiser!

To see the trees and purchase them, please contact Stacey Masters at 603.352.9683 or Gretchen Carmel at 603.357.5803.

# Accreditation Inspiration

*From time to time we will present introductions to the curriculum that were part of our self-study.*

## **Painting and the Arts Curriculum**

Objectives of watercolor painting in the curriculum:

- Educating the senses through sensitivity and awareness.
- Deepening the content of the curriculum in the feeling realm.
- Developing a language of color.
- Activating the will through resurrecting the content of the curriculum and bringing it into individual expression.
- Mobility and flexibility in thinking through problem-solving. Inherent in working with watercolor is the challenge of learning to discern and respond to what comes toward you out of the alchemy of the colors working together and in relationship to one another. Out of this dialogue between the student and the interaction of the colors, something new happens, a third element is born in the act of creation.

The first three years are devoted to becoming a scientist of color and discovering color as a living language of creative beings. The teacher sets the tone for the lessons in the rhythm of the week, the placement and the preparation of the materials, and the mood of the lessons. A verse might be said and a quiet mood fostered that students may fully enter into the experience of the colors.

Fluidity in movement of the colors in these first three years is emphasized without much attention to form. A distinction is made between drawing and painting in how the lessons are given to the students. The children learn to freely move the colors together to experience the colors individually, mixing together and in relationship to one another. The beginning sense for the dynamic in color composition is experienced. The motive is to experience color and color combinations in as many relationships as possible.

Indications from Goethe's Color Theory are used as a guide.

### Grades One and Two:

- Lesson from Practical Advice in Teaching, Yellow and Blue/Yellow and green.
- Color stories through color dramas and color conversations.
- May be developed from nature moods, festival moods, main lesson material, but

working from the nature of the color, not a realistic picture.

- Color qualities are attached more to soul condition or movement of the color than realistically to an object. Example: "Red plays with yellow" or "red watched blue" or cheerful yellow and melancholy or peaceful blue.
- Bringing qualities that portray the many shades and nuances of color. Example: A shouting red, a gallant red, or a persistent red.

### Grade Three:

- Major/minor mood of color through Old Testament stories.
- Color spaces brought into the beginning of simple gestures of form, as in depicting the growth forces in farming of different vegetables or grains, the environment of a shelter for housing, or the evolving story of creation from the Old Testament.
- Remaining as much in color as possible as a mood landscape or in the elements of the natural world.
- Simple forms arising out of the meeting or juxtaposing of colors. Thinking and feeling oneself in the life of color as the primary motive of the painting lesson.

### Grade Four:

- After the ninth year the child is more aware of the natural surroundings.
- Painting themes: Curriculum moods; Norse Myths: Darkness and Light/The Four Elements/Gestures and Color Contrast in Hot/Warm Cold/Cool Light/Heavy Color; soul moods of the Gods and Goddess, Animals/Gesture, Soul Color Mood, Landscape; Geography/Color mood of elements in relation to forming of the local landscape

More impulse toward form although still allowing richness of color to predominate.

### Grade Four Modeling Curriculum:

An introduction to working with clay and further work with beeswax. The introduction to clay begins with the forming of geometrical shapes. The students experience the sphere as it transforms into the cube and finally into the tetrahedron. These forms become the foundation for sculpting individual houses. Fourth graders stand firmly on the earth, connected to the four directions and ready to build their own house. The students sculpt an inner space out of the sphere and then find windows and doorway(s). Straight lines and

curves are used to complete the outer walls. Simple furnishings are built in, and solutions are found to customize the roof from the triangular solid form.

The following sessions are in conjunction with the Human Being and Animal blocks. We begin with the head creatures, creating starfishes, and move into trunk animals. Seals, mice, squirrels, and beavers are examples of some of the animal forms. Gesture and liveliness are emphasized, characterizing the essential quality of each animal.

The final block covers the three archetypal forms of the animal world in relationship to the human being. First the eagle, representing our winged thoughts that soar, reaching great heights as well as diving down with a tremendous focus, depth, and clarity. The lion, with his massive chest region and developed rhythmic system is representative of the heart forces. Finally the bull, with his powerful hind end and tremendous force of will that propels him forward to meet and overcome any obstacle.

Beeswax modeling is an integral part of the modeling program interspersed in between the clay modeling blocks. The wax medium is chosen to allow for the possibility to work with color and light. In one block the students create a stained glass effect in making holiday windows on clear Plexiglas. In the second block the students create gods and goddesses from the Norse Myths.

Each student chooses a god or goddess and then is guided in finding the characteristic gesture of the god or goddess and in the use of color to reflect the nature of the personality.

### Grade Five:

Bringing more form to the painting to meet the waking up of the senses. Beginning to develop an eye for the external world of phenomena, as in botany. Dreaminess retreating, as descent of the human being to earth is mirrored in the ancient civilizations. Keep the formative color experience primary, with the form arising out of the elements.

- Elements: Earth, Air, Fire, and Water in relation to geography, mythology, and botany
- Nature moods/weather season
- Plant moods/botany

- Ancient civilizations/gods and goddesses/temples/landscapes
- Geography/North America/Landscapes  
Grades six, seven, and eight have developed into an artistic enrichment program in which the art teacher works closely with the class teacher and the curriculum to bring the curriculum alive through a weekly, concentrated hour-long session with blocks devoted mainly to painting, modeling, pastel, and black on white drawing. Paper-making, sumi ink washes, and linoleum block printing have been included in grades seven and eight when appropriate.

The weekly rhythm in a designated classroom with a focus on an artistic experience has given the students an opportunity to delve into the material, sometimes over a period of several weeks, to bring a striving for quality and a sense of excitement and accomplishment to the lessons.

In grades six, seven, and eight the students take more responsibility for working independently out of themselves.

#### Grade Six:

- Mineralogy: Working with formative elements in rock formations and landscape
- Crystals, granite, limestone, sandstone, caves
- Science: Optics, rainbow moods, color circles
- Geographical contrasts. Example: Explore cool colors in the high Andes and warm colors in the rainforest
- Roman scenes
- Middle Ages: Illuminated manuscript borders around heraldry symbols
- Astronomy: Phases of the moon
- Black and white exercises to develop an experience of depth of tones from light gray to black
- Veil painting maps
- Tree Moods
- Themes for clay modeling are depictions of Roman life or mythology and elephants from the story of Hannibal.

#### Grade Seven:

Exploring color qualities and moods in landscape. Subtle expression of feeling life.

- Color perspective
- Color harmony
- Color disharmony
- Complementary colors
- Science: Moods of chemical combustion, warmth and cold, crystallization. Examples: Plant life, volcanoes, sunrise, sunset

- Themes from History: Explorers and Ships, Africa
- Renaissance portraits in oil or chalk pastel
- Architecture: castles, Gothic churches
- Clay modeling themes are varied depending upon student needs and inspiration from the curriculum. They might include African life, the foot or the gesture of the human hand, or the ear.

#### Grade Eight:

- Nature moods with perspective landscapes
- Dramatic contrasts in painting, light to dark, hot to cold. Example: Weather moods and cloud formations, the Industrial Revolution.
- Paint out of nature moods, create paintings out of the soul element in relation to nature
- Translating lights and darks from Durer
- Free sketches with various materials. Example: sunflowers, seashells, birch bark studies
- Veil painting
- Indigenous Peoples of the World portrait study in oil or chalk pastel
- Copy of a master painting from the Impressionist period in art, bringing together many of the elements of their eight-year experience of painting
- Clay modeling themes are varied and include aspects of the curriculum from history and physiology. The human head in relief or three-dimensional form is usually worked in clay.

*Janet Gordon  
Art Teacher*

# Bulletin Board

MWS chai wallah extraordinaire, Sarah Ellsworth is **looking to borrow 8 pump pots** - to hold chai during the Pumpkinfest. Got pump pots? *Call her at 357-1193. 10-06-09*

**Free for the taking:** 1 queen box spring in good condition. *Call Liza 357-1360. 10-06-09*

**Looking for interested person or persons who are willing to coordinate this year's ski/snowboard program.** Season begins sooner than you think, so call soon! *Liza Dupuis at 357-1360. 09-09-09*

**For sale:** mini drafting table perfect for doing main lesson pages. Black aluminum legs, easy clean white work surface measuring 42" x 30." 29" from floor in front, can slope to "39 in back (or remain level). \$40. *Please call Susan Rueter at 355-1156. 10-06-09*

**For sale:** low golden varnished wood table with trestle style base, 37"x25" and 23" tall. Has been used as a nature table, train table, and craft area for children. \$30. *Susan Rueter at 355-1156. 10-06-09*

**For sale:** I still have two lightweight car seats. *If you want to know more about them, please give me a call. Susan Rueter at 355-1156. 10-06-09*

**If anyone is interested in ordering organic cranberries in bulk,** *please call Erin Bickford at 445-2157. 10-06-09*

**Fresh local eggs for sale.** \$3.00/dozen for brown, extra large to jumbo eggs and \$2.50/dozen for light blue/green, small to medium eggs from our Easter egg chickens. *Kerri and John Machado, family of Keenan, 2nd grade, 603-256-6640, please leave a message. 10-06-09*

**Help the High School.** Do you run a business or are you starting a business that will need new phone or internet services? The Ashuelot River High School will earn money for each new

business referral. *Call Kathleen and ask her how you can help at 903-0064. 10-06-09*

**Free stuff:** small child's wooden work bench; old, coop-style bulk bin with 6 bins; old, very large dresser with 6 ft. long shallow drawers; and cement blocks. *If interested, please call Hilary Richardson at 355-8207. 10-06-09*

**Ride needed** - after school from Monadnock Waldorf elementary School to Surry Village Charter School for our son, Preman, in 8<sup>th</sup> grade. *If you can transport him Mondays, Thursdays or Fridays, or one or more days that would be a great help. Please call Glenn or Sharon 352-2207. Thank you. 10-06-09*

**Experienced interior painter for hire:** Flat, reasonable hourly rate plus materials (usually just the paint). No upfront deposit. Guaranteed clean, neat, fast work. No job too small. *Contact Nick Peria at 518-321-3030, or by email at, [nick.peria123@gmail.com](mailto:nick.peria123@gmail.com). (Will consider some small exterior jobs.) 10-06-09*

**Professional drum lessons.** In the comfort of your own home. References available. *Contact Dave Maclean at 404-797-7062. 10-06-09*

**Piglets for sale.** York/Hamp cross. They will be ready October 18. \$75 each. *Please call Neil Levesque at 313-5967. 10-06-09*

**Sophia's Hearth Family Center in Keene, NH seeks a Fulltime Childcare Director** for our new program to begin in Spring 2010, to begin work in December 2009. *For full position description, see our website: [www.sophiashearth.org/?p=Employment%20Opportunities&all](http://www.sophiashearth.org/?p=Employment%20Opportunities&all). Susan Weber, Director, at 603-357-3755. 10-06-09*

**Please consider me for your home improvement needs:** J. Klassen Carpentry and Painting. Interior/exterior painting, lazure, drywall, roofing, sidewalling, window replacement, floor installing and refinishing, screened porches, chimney flashing, chimney cleaning, insulating, small scale renovating, and weatheriza-

tion. Interest in working with living design. References available and fully insured. *Call Jonathon at 603-903-3028. 10-06-09*

**I will deliver fresh, organic, raw milk from Flying Cloud Dairy** on Thursdays at dismissal. \$4.50 for 1/2 gallon. *Contact Carol Renzelman for more information at 835-6939. 09-29-09*

**Office for rent:** large, sunny room on second floor of friendly building near Keene Public Library. Shared conference room, parking etc. *Call Bob Bernstein at 209-2000. 09-29-09*

**Help needed to raise straw bale hall.** We are excited to be building a straw bale hall for events and meditation. It is a joy to meet new friends and have different loving hands to raise the bales and put on the earth plaster. Please join us for a work day on Saturday, October 3<sup>rd</sup>. You are also welcome on other days as well. *Call 357-8929. Thank you, Fern and Michael Ciborski (new parents at the school). 09-29-09*

**We have fresh hops.** *If interested, please call Carol or Peter at 835-6939. 09-29-09*

**House and pet sitter:** Experienced with all sizes and many types of animals, excellent references, \$25/day. *Kathleen Murphy at 358-9914. 09-29-09*

**Home wanted:** Looking for 2 bedroom home in a quiet, peaceful setting for me and my two indoor cats. I am an herbalist, nature lover and creative person, and am quiet and considerate. I am looking for a peaceful sanctuary to rest and live in, with quiet neighbors and a caring landlord. I would like space for a small herb garden. I need a place that includes heat and hot water, snow/trash removal and yard maintenance. I need to be fairly close to groceries, a veterinarian, a library, and other things I may need, because I cannot drive long distances. *Please call Catherine Torelli at 876-3887. 09-29-09*

**House for Sale:** Right down the street from MWS at 190 S. Lincoln St. Won-

derful front porch, 3/4 bedrooms, 1.5 baths, one car garage, lovely open living room and dining room with built-ins and fireplace. Wood floors throughout. \$199,000. *Contact Holly Gorsuch at BHG The Masiello Group for more information or a showing. [hollygorsuch@masiello.com](mailto:hollygorsuch@masiello.com) or 603-313-1224 cell. 09-01-09*

**Free.** 3 handsome bantam roosters need a new home. *Please call Paul or Cindy Wood at 352-1086. 09-22-09*

**Need some help with childcare?** Former Kindergarten Assistant is available to help at a reasonable cost. *Please call Cathy Hall at 352-4947. 09-22-09*

**Lawn Care and Fall Clean Up:** Professional lawn care and landscape specialist is available for fall clean up, mowing, yard maintenance, and landscaping projects. Leaves are already beginning to fall so don't wait too long to arrange your fall clean up. Also available during the winter months is snowplowing for driveways and other areas as requested. They are an established Keene landscaping company and have done an extensive amount of work for me over the last four years therefore the recommendation. *Please contact Daryl at 738-1034 or email at [dstutes1@yahoo.com](mailto:dstutes1@yahoo.com) with any questions or to coordinate contact with the lawn care company. 09-22-09*

**Part-time child care available.** Graduate of Sophia's Hearth professional training course and Waldorf mom (Lillia - Sunflower Class) currently providing care for a two-year old in Surry. Looking for a toddler-aged child who could join us on a part-time basis. Gentle, respectful care giving, plus outdoor play, arts & crafts, baking, and stories. *Please call Kelli Copeland at 603-352-6998 (M-F daytime hours) or 603-313-9781 (evenings & weekends), or email [kellcopeland@gmail.com](mailto:kellcopeland@gmail.com). 09-22-09*

**Rental in Nelson.** Charming, two bedroom furnished cottage with access to beautiful Nubanusit Lake. Views, fireplace, grand piano, washer/dryer, dishwasher, woodstove. No smoking/pets. \$1200/month plus utilities includes snow plow and trash removal. Lawn care. Sec.

dep. *Please call 827-3198, Libby deMar- telly (friend of Johanna Hanft). 09-22-09*

**Wanted for the High School:** fridge, electric stove, kitchen items like plates, bowls, glasses, cups, cutlery, cloth napkins, towels, mitts, toolbox and tools - screwdrivers, hammers, etc., tension rod 30" minimum length cream or off-white preferred, vases, cloth remnants at least 24" square in solid colors. *Please call Kathleen Murphy at 358-9914. 09-15-09*

**Flute Lessons at my home in Keene** have begun for the fall semester. Half and full hour sessions available. *Contact Carmen Buckley Reynolds at 355-2011. 09-09-09*

**Horseback riding lessons.** I am an MWS graduate (Class of 2001) and sister of Maysie Ballantine (Grade 7). I am home for a few months and would like to offer hunt seat riding lessons to horse loving beginners! I have been riding since I was 10 years old. I was lucky to have careful, personal instruction when I was young and I would be excited to help new riders get a good start. My horse is a 12 year old Morgan mare, but is coming off an injury and is limited to walking and trotting for now. Lessons would be best suited to beginners interested in learning horse care as well as riding. \$30/hour private; \$20/hour for semi-private (no more than two students per lesson). *If interested, please call Charlotte Ballantine at 499-1201 (cell) or 835-2392 (home). 09-09-09*

A well maintained home is cozy, comfortable and inviting. **For carpentry, renovation, painting and landscape work,** call Markus Wetterhorn at 363-8268 or 313-1748. August 2009

**Babysitting or parent-helper services offered by MWS 8th grade student.** Red Cross Babysitting Course completed April 2009, including first aid certification. Available weekends and most evenings during the school year. *Contact Will Henry at 355-8132. August 2009*

**Celebrate, nurture and heal through the written word.** I will create a deeply meaningful written expression for your loved one in failing health, newborn baby,

bridal party member, parent, child, spouse, friend. Also offering memoir editing, life stories, sympathy cards, thank you notes. *Contact Carol at 603-835-6939 or [bymypen@gmail.com](mailto:bymypen@gmail.com). 5-27-09*

# Community Events

## **Core Strength Yoga Class at The Yoga Space**

A slow and gentle vinyasa flow yoga class with an emphasis on core strengthening. "Vinyasa" means movement and breath together. Learn to move from the core incorporating breath control, abdominal exercises, yoga postures, meditation and deep relaxation. Suitable for all levels of experience. Instructed by Gretchen Carmel. Mondays and Thursdays at 9:30am and Wednesdays at 4pm. *For more information, call The Yoga Space at 603.352.2686 or email [theyogaspace@gmail.com](mailto:theyogaspace@gmail.com).*

## **Food Preservation Workshop in October**

This Food Preservation Workshop will be the basics of freezing and drying, canning (we will probably can some tomatoes), and making lacto-fermented vegetables (we will put together some sauerkraut). We will have a look at the root cellar and explore other options for food storage spaces. *Please call Erin Bickford at 603-445-2157 if you have an interest.*

## **Fall Fun on the Farm**

Each Saturday in October, 11 AM - 2 PM

Experience Stonewall Farm at its most beautiful! Horse-drawn hayrides to the pumpkin patch, pumpkins for purchase, fall treats and Stonewall Farm products will all be available, in addition to barnyard tours and other activities. \$4/person, \$2/6 and under. \$1/lb for pumpkins. *For information call Stonewall Farm at (603) 357-7278.*

## **Stone Church Arts presents *House Blend*—A capella music from all over**

7:30 pm on Saturday, October 10 at the Immanuel Episcopal Church, 20 Church Street, Bellows Falls, VT

Concert tickets are \$15 (in advance), \$18 (at the door), \$10 in advance, \$12 at the door for seniors, students and children under 12)

*For information, call Stone Church Arts at 802-463-3100 or visit [www.immanuelepiscopal.org](http://www.immanuelepiscopal.org).*

## **Toddler Fest at Rise . . . For baby and family**

Saturday, October 10, 2009 from 10 am to 2:00 pm, rain or shine, 147 Washington Street, Keene

A free, fun-filled family event with face painting, treasure hunt, music, snacks, petting farm, children's games, story telling and tour the building. *For more information, please call 357-1395.*

## **Bassoonist Matthew Shubin and Guitarist Jose Lezcano to Perform World Premire of Lezcano Double Concerto With Keene Chamber Orchestra**

October 11, 2009 at 4:00 pm

\*Remainder of program, conducted by KCO Music Director and Conductor Eric Stumacher, includes Rossini's "William Tell" Overture and Mendelssohn's "Italian" Symphony\*. The Keene Chamber Orchestra 09-10 Keene Colonial Theatre Season will begin on Sunday, October 11, at 4 PM, with a program which includes the world premiere of a concerto for bassoon and guitar by Jose Lezcano. The remainder of the concert contains the full Rossini "William Tell" Overture, which ends with the famous "Lone Ranger" music, and Mendelssohn's "Italian" Symphony, one of the great works in the symphonic literature. The Mendelssohn "Italian" Symphony performance continues KCO's commemoration of the composer's 250th birthday year, begun with the scintillating performance of the Mendelssohn Violin Concerto by Sarah Atwood in February. As always, children accompanied by an adult are admitted free. Tickets can be purchased online at [www.thecolonial.org](http://www.thecolonial.org).

## **Sophia's Hearth Sponsors area Contra Dance to support our annual fund raising campaign—October 25, 2009**

Sophia's Hearth Family Center will host a family friendly Contra Dance on Sunday, October 25<sup>th</sup> from 2:30-7:00 p.m. at Alyson's Orchard on Route 12 in Walpole NH. World renowned caller, Nils Fredland along with musicians Mary Lea, fiddle, Stuart Kenney, banjo and bass, and the Waldorf School Contra Band will provide the entertainment. Tickets are \$10.00 each or \$25 for a family – this includes delectable desserts provided by Anne Michele Andrews, hearty soups prepared by Bagel Works and bread from Orchard Hill Breadworks. We will also have a silent auction with many donated items. The family friendly dance set will begin promptly at 3:00 – 4:00. A second set for adults and "serious dancers" will run from 5:00-6:45. If you are new to contra dancing or want to brush up on your technique, there will be an instructional set at 4:30. All proceeds will benefit the work of Sophia's Hearth Family Center. *For more information, please contact SHFC at 357-3755 or [sophiashearth.org](http://sophiashearth.org)*

## **Planned Parenthood of Northern New England's Education and Training Department Invites You To Become a PPNNE Page Turner**

Each season Planned Parenthood will select a book and invite community members to read the selection and then join for a thought-provoking discussion about the book and its themes, its applications, and its relevance to our lives. The premier selection is Stacy Malkan's award-winning book *Not Just a Pretty Face: The Ugly Side of the Beauty Industry*. This eye-opening book chronicles the discovery of toxic chemicals in cosmetic and personal care products, explains how the Campaign for Safe Cosmetics was founded and discusses efforts to clean up the U.S. cosmetics industry and company responses—both good and bad. The first Keene book club gathering will take place on Thursday, November 12 from 6:30 to 8:30 pm. If you would like to participate, please contact [katherin@ppnne.org](mailto:katherin@ppnne.org) for more details.

# School Fundraisers

## Eighth Grade Bread and Cookie Order Form

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Orders due: Thursday, October 8, 2009

Pick-up date: Thursday, October 15, 2009



<u>Quantity</u>	<u>Description</u>	<u>Price</u>	<u>Total Price</u>
	Small FRENCH	\$4.25	
	Loaf Pan FRENCH	\$4.75	
	Sesame Batard FRENCH	\$4.25	
	4 SEED SUNNY FLAX	\$4.50	
	Large COUNTRY ROUND	\$4.75	
	WHOLE WHEAT	\$4.75	
	OLIVE ROSEMARY	\$4.75	
	Special: Cinnamon Raisin	\$4.75	
	Wheat-Free: Whole Spelt	\$4.75	
	Cookie: Mint Chocolate Chip	\$1.50	
	Oatmeal Raisin	\$1.50	
		TOTAL \$	_____

*Please turn order in to the Main Office  
at the elementary school.  
Please make checks payable to  
MWS Class of 2010.*