



Weekly Notice

November 10,
2009

Issue 12

A WEEKLY PUBLICATION OF MONADNOCK WALDORF SCHOOL

TONIGHT—Nurturing Capacities: The Waldorf Approach to Education A Talk with Else Gottgens

Join us in the Assembly Room on Tuesday evening November 10 at 7:00 pm when Else Gottgens, long-time Waldorf educator, shares her insights into the difference between an educational approach that nurtures children's capacities (as we strive to do in the Waldorf School) and one that drills information.

Else, who has been teaching children and training teachers for 65 years, will also be visiting classes and meeting with teachers all week. She is both highly experienced and highly respected and, at 85, feels free to say what's on her mind! We hope you'll join us.

Lisa Mahar

Nursery Kindergarten Parents

The Crafts Fair on November 13 and 14 is looking for volunteers. We desperately need help in the Café on Saturday. The Nursery-Kindergarten parents are not assigned shifts to work at the Fair, but if you have the inclination to lend a hand, we are in need. There are many unfilled shifts to work and you can call the Main Office at the elementary school at 357-4442 to see if our schedule will work for you. We appreciate the help as we show off our South Lincoln Street school!

Thanks, The Crafts Fair Committee

Monadnock Waldorf School is dedicated to nurturing young human beings who will be capable of contributing fully to the tasks of life with courage, compassion, and conviction. We strive to foster wholeness and life long well being through awakening an abiding love and interest in the world while cultivating the gifts and strengths that are unique to each individual student.

Delicious and Delectable Desserts

Lovely scrumptious desserts are needed for the Friday evening Crafts Fair cafe. Please let the Main Office at the elementary school know if you can make something so they can pass it on to the cafe gurus (or is it guriis?), Ash Sheehan and Brie Maynard.

*Thanks,
The Crafts Fair Committee*

It Is Really Time!

After a whole year of planning it is really time for the Crafts Fair to be here at our own school . . . it is hard to believe it will happen in just 3 days. It has taken a tremendous amount of thinking to create something that we can be proud of and I hope everyone will be.

PLEASE remember to: work your shift or find someone to do so, bake for the bake sale on Saturday or something fancy for Friday, sell your raffle tickets, and lastly park away from the school Friday and Saturday. The shuttle will be running on Friday and Saturday up and down Church Street. The parking lots at the very end of Church Street and on Railroad Street will be available for our use both days. The shuttle will pick up there and on Church at Guernsey and Carpenter Street. The weather looks promising so let's have fun.

*Thanks, Carla Folkert
For the Crafts Fair Committee*

Crafts Fair Raffle Tickets

Please return the money and stubs to the main office at the elementary school as soon as possible. We only have a few days until the Crafts Fair—so sell, sell, sell! Thank you.

Calling All Local Musicians!

Showcase your talents on November 21 at the Open Mic/Coffeehouse hosted by the 9th grade. Brush off your fiddle, warm up your voice and start practicing with your friends. Adults and students from grade 7 and up are welcome to perform. Story and joke telling are also welcome. More details will follow in next week's *Weekly Notice*.

There is a confirmed case of chicken pox at the Nursery-Kindergarten.

**Early Dismissal
this Friday—
1 pm at
elementary
school**

This Week at MWS

In this column we'll let you know about what's happening in our school class by class. For this week here's the news.

Parent/Child: Children will be grinding grain and making millet rolls with Michelle. Parents will be finishing the sewing on their felt mice. There will be plenty of time for leaf raking, too!

Morning Glory: Michelle's children will hear the puppet story *Little Miss Muffet*. They will have fun raking and cleaning up the play yard.

Appleblossom: Marie's children will be covering the garden with the leaves they have raked. They will sing their lantern walk songs and see a little puppet play called *Mousekin's Golden House*.

Sunflower: Lynn's children had a lovely lantern walk with friends and families from both their own class and the Appleblossom class. This week they will pull the sleds down the field collecting the luminarias and putting them all back in the barn. They will also see the puppet play *Mousekin's Golden House* about a mouse who finds a jack-o-lantern in the woods and decides it will make a cozy winter home.

First Grade: Mrs. Myers' students know that stories often contain forms, sounds, and characters, but now they will see that stories can contain numbers, as well. They've met a character who confronts the North Wind and Old Man Coyote who has an influence over the Sun and the Moon. Knitting needles made by the first graders have been presented to the Crafts Fair organizers for sale at the Fair. Thanks to the many students who illustrated paper lunch bags with beautiful designs to be used for the Meals on Wheels program and delivered to people who cannot easily leave their homes.

Second Grade: Mrs. Henry's students are in a Language Arts block, hearing special stories called fables. They are also considering the qualities of words that sound alike but may be spelled differently. Students made wooden cutting boards and play-stand clips for sale at the Crafts Fair.

Third Grade: Mr. Price's students worked hard this autumn at the Peavey-Hunter farm, harvesting apples, making cider, pulling plants, grooming the horses, and laying down a cover crop for winter. The students tried to pull the plow like the

work-horses do and concluded that the horses make this hard job look easy! The class is now in a mathematics block. They crocheted pouches to be sold at the Crafts Fair.

Fourth Grade: Mrs. Zakrzewski's students have recently completed a regional geography block and are now studying the cuttlefish as part of a block that looks at the qualities of animals and the qualities of the human being. Students used decorative stitching to create needle cases for the Crafts Fair.

Fifth Grade: Miss Marshall's students knitted pouches for sale at the Crafts Fair. Guest teacher, Mrs. Lyndes introduced a study of Alaska as part of the U S geography studies.

Seventh Grade: Mrs. Motter's students are studying South American geography, weather, and climate. They will also be on duty at the Crafts Fair for jobs large and small.

Eighth Grade: Ms. Morse's students had a great day in Boston last Friday as part of their studies of the U S Revolution. Look for a fuller description elsewhere in the *Weekly Notice*. Come visit the eighth grade booth at the Crafts Fair. Your dollars will support fundraising efforts for the class trip. Eighth graders are now offering lemonade with their Wednesday pizza sales. Cost is \$.50 a cup.

Ninth Grade: Students recently completed a block on US History with visiting block teacher John Anderson. Please see Mr. Anderson's reflections elsewhere in the *Weekly Notice*. They are now studying creation mythology with visiting block teacher Patrice Pinette from High Mowing School.

Girls Basketball Practice

The girls will practice on Mondays at the Keene Recreation Center from 3:30 to 5:00 pm and Wednesdays from 3:30 to 5:00 pm at Spofford.

Rec. passes must be purchased at the Recreation Center.

Peter Schoen

Calendar of Events

CRAFTS FAIR
November 13 & 14

PHOTO DAY
November 18 at elementary school

November 25
*1:00 pm early dismissal
at elementary school*

Boys Basketball Practice

The boys' basketball team has begun practices on Mondays and Wednesdays from 4:30 to 6:00 pm at Spofford.

The MWS School bus will leave Mondays from MWS at 4:10 *sharp* and return players to MWS at 6:15 pm.

Peter Schoen

Calling All 6th, 7th & 8th Grade Girls

Calling all sixth, seventh and eighth grade girls who might be interested in playing basketball this season.

Both my girls, Linnea and Kerensa, played basketball for the first time in sixth and seventh grade. Neither of them had played before and knew little about the game, but due to dedicated coaches, camaraderie and a lot of fun, they continued to play through eighth grade. They grew to love the game and developed skills that serve them in many aspects of life. Also, consider this; we really need you!

If you have any interest, or are simply curious, please come check it out. Regular practices will be on Mondays at the Keene Rec. Center from 3:30 to 5 pm and on Wednesdays at Spofford from 3:30 to 5 pm. Any questions? Call Lindsay @ 358-5057

*Lindsay Bartlett,
For the Girls Basketball Team*

School Picture Day

Doughty Falls Photography will be here on Wednesday, November 18 for our annual school picture day. We will send home an informational letter soon. Class photos will be taken in grades one through eight as well as individual or family photos for any who wish.

Elementary photos will be taken in the morning. Our nursery-kindergarten parents can bring children to the library starting at 12:15 using the following schedule: Morning Glory and Appleblossom children 12:15 to 1:00 pm. Sunflower children from 1:00 to 1:45. Sibling groups are welcome.

I am looking for four volunteer parents who will help me on School Picture Day: two in the morning and two in the early afternoon. Give me a call at 357-4442 extension 104 if you can help.

Thank you, Lisa Mahar

Ironing Party Thank You

Thank you to everyone who came to our Saturday morning ironing party at the Nursery-Kindergarten! The freshly dyed silks for the Crafts Fair are now beautifully ironed. Our morning was filled with laughter and lively conversation. A special thank you to Ruby Mack for providing us with a delicious snack of cheesecake topped with raspberry sauce! For those of you who missed it, there is always next year . . . so save the date!

Lynn Wetterhorn

Winter Program

This year the school's Winter Program will take place on five Fridays in January and February. 5th-8th graders are given the chance to ski or snowboard. All other students will enjoy outdoor activities. We will engage in a variety of supervised outdoor activities that will vary with the weather, snow, and ice conditions.

Peter Schoen

Jazz Band

Did you know that we have a jazz band at MWS? We have been meeting now for over a month and we are having a great time. We have a very talented group of students from 7th - 9th grade and a special guest member, the fantastic tuba player, Henry Spindler.

We have an eclectic repertoire from "When the Saints Go Marching In," to "Chanson Triste" by Tchaikovsky, to "My Home is in Montana." All of it is played with gusto, and I can't wait to share it with you. Our first public appearance will be at the Crafts Fair November 14.

Bruce Elliot

The Annual Fund is a Great and Convenient Holiday Gift

Wondering about the right host or hostess gift for Thanksgiving? Out of holiday ideas or recipes? Why not make a gift in a friend's or teacher's honor to Monadnock Waldorf School?! Your gift will be acknowledged both to you and the honoree by MWS. A donation of \$40 covers a day's tuition for one of our talented students who may be a friend's or relative's son, daughter, or grandchild. As Board President Carol MacKinnon has noted, "Monadnock Waldorf School is a wonderful place where my children are thriving. Children are the school's future. The Annual Fund helps this future continue."

Donations can be made online as well as by regular mail. Simply go to our website, www.monadnockwaldorfschool.org, click on Development and then Donate Now. Notification of your gift will be sent directly to the Development Office. For more information or assistance, please call Rüdiger Ruckmann, 357.4442, Ext. 105. Outside of school, Rüdiger can best be reached at 903.0596.

Nursery-Kindergarten Lantern Walk

Friday night was brisk but families were warmed as they snacked on millet rolls and sipped warm cider while gathered around a magnificent bonfire. We heard the Grimm's fairy tale "Star Money," lit our lanterns and ventured off into the dark forest night. As we sang our lantern songs, the leaves rustled under foot until we reached the quiet field. A peaceful calm then surrounded the group as we walked back up the field with stars beginning to twinkle above us. It was a delightful evening!

A big THANK YOU to MWS graduates Campbell and Graham Morgan for their help. These two fine young men started and tended our fire, lit all of the luminaries along the path and then extinguished them for us. It is heartwarming to have our former nursery/kindergarten students come back to help!

Lynn Wetterhorn for the Nursery-Kindergarten Teachers

New Date for Winter Concert: December 9

The Fall/Winter Concert will be Wednesday, December 9th, NOT Thursday, December 10th as previously announced. However, this is December in New Hampshire that we are dealing with; in case of inclement weather on the 9th, the concert will be postponed to the 10th. Concert begins at 6:30, and students in grades 6-9 should plan to arrive by 5:45. The sixth grade chorus, the seventh, eighth and ninth grade chorus, and the upper grade band and orchestra will perform. All members of the community are heartily invited to this exciting night of music!

Nell Wiener

Last Chance to Order Wreaths, Etc.!

All wreath and greens orders must be in by November 16th. Please fill out the attached order form and place it in the main office envelope marked 7th grade wreaths by Monday, November 16th. The Seventh Grade appreciates all your support - - - Fa la la la la la la la la!

Call for Volunteers

The Development Office seeks volunteers again with good handwriting for hand addressing envelopes for our new Annual Report. These can be written any time in the next few weeks in school. Please call or write me (Rüdiger, ruckmann@monadnockwaldorfschool.org) or Suzanne Ruse.

Many thanks again to our great team who gathered for the autumn Annual Fund mailing: Suzanne, Jeni Callihan, Carol Driscoll, Meena Neva, Kim Peavey, and Lori York. Together we sent out more than 1100 appeals to current and former parents faculty and staff and board members, grandparents, alumni, and friends. A separate mailing is going out to our business and community partners as our circle of support grows. Danke!

Rüdiger Ruckmann

New Way to Learn About Snow Delays and Cancellations

Snow days and delayed openings are right around the corner. In addition to receiving a phone tree message, tuning in to area radio stations, and checking the announcement at 357-4442, we have an on-line way to learn about delays and cancellations.

Go to www.wmur.com and choose "weather" from the menu, then click on the box marked "cancellations." You can also access the same information through New Hampshire Public Radio by going to www.nhpr.org and clicking on the quick-link for "weather delays".

Typically the call for delays or cancellations comes to me around 5:30 am. Look for the web-based information shortly after that.

If you have any thoughts or suggestions (or difficulties) related to receiving information about delays or closings, please let me know.

Lisa Mahar

"Darn! Fall is Half Over and I Haven't _____"

Don't worry. The 7th grade can make sure your wood-stacking, leaf-raking, garden-tending, and household chores are done in time for winter. These strong enthusiastic kids are available for hire immediately. Curious about what they can do? Call Liza Dupuis: 357-1360.

Elm Trees For Sale by MWS 6th Grade

The 6th grade at MWS has 10 beautiful ELM TREES FOR SALE! We bought them in the 2nd grade, have looked over them with love and care, and are now ready to let them go. They are now 7-9 feet tall and ready to go into the ground! The cost is \$175 each.

For more information on these lovely trees, please visit www.landscapeelms.com.

Help support not only the Elm Research Institute for restoring Elm Trees to the American landscape, but the 6th grade with their first big fundraiser!

To see the trees and purchase them, please contact Stacey Masters at 603.352.9683 or Gretchen Carmel at 603.357.5803.

Hannaford Fund Raiser!

Once again Hannaford has started its easy school fundraiser. Simply **buy four** of the same brand item and get a checkout coupon that donates \$3-4 to our school. Only selected brands apply—more pamphlets in the elementary Main Office.

*Sarah Ellsworth,
For the Parent Council*

Nursery-Kindergarten Wish List

- Love Seat or small couch for Sunflower Classroom
- Rain Pants (sizes 3 to 7)
- Fall or spring blooming perennial plants

Please contact Lynn Wetterhorn at the Kindergarten, 357-8663, if you can help us. Thank you!

Community Service

All over New Hampshire food kitchens are experiencing an increase in the number of people needing help with meals for themselves and their families. The Keene Community Kitchen is a crucial link between good food and the people who need it. For the past two years parents and teachers from our school have worked various shifts at The Kitchen and we will continue that this year.

Because the Sunday shift is now four hours, they will have our group pack food for the family boxes so we can continue with a two hour shift. This year children older than 10 may accompany a parent on a shift.

Our next date is: **Sunday, November 15th** between 9 am and 11 am. Please let Miss Marshall know if you can join us.

*Monica Marshall,
357-3285*

Dragon Boy Wins Award

The wonderful book *Dragon Boy* by Donald Samson has won the Moonbeam Gold Award. This is the first award for a children's book published by the Association of Waldorf Schools of North America (AWSNA). We are sending our congratulations to AWSNA Publications and to David Mitchell who leads these efforts. The book can be previewed and purchased through the WhyWaldorfWorks.org website.

Lisa Mahar

Alumni News

Congratulations to Isabella Kosmacher (MWS '06) who was recently chosen for New Hampshire All State Jazz Choir. The small choir is highly selective, choosing only 32 students from the entire state. Isabella sings alto.

Lisa Mahar

Welcome

Please welcome:

Sabian Griffin to Nursery-Kindergarten
Her parents are:

Shanna Braden and Jess Griffin
65 Horse Hill Road
Marlborough, NH 03455

Elena Fedrizzi to Nursery-Kindergarten
Her parents are:

Rudolph Fedrizzi and Heidi Rinehart
42 Shady Lane, Keene, NH 03431

Sara Dafeldecker to Nursery-Kindergarten

Her parents are:

Jennifer and Kai Dafeldecker
42 East Shore Road,
Swanzy, NH 03446

Seamus Malloy to Nursery-Kindergarten

Her parents are:

Sarah Malloy, 90 Howard Hill Road,
Jaffrey, NH 03452
and Lawrence Malloy, 34 Dartmouth
Avenue, Dedham, MA 02026

And welcome back to Sallie Redekop
to Grade 6.

8th Grade Trip

Last Friday the 8th graders loaded into four vans to make our way to Boston, MA to walk the Freedom Trail. This trip was a culmination of our first American History block. In the past four weeks we took a broad sweep, studying the Native American tribes, the settling of the colonies, the American Revolution, the founding of this country, the Civil War, and reconstruction.

We arrived in Boston to brisk breezes and sunshine! Starting out in the Boston Common we began to follow the red bricks in the sidewalk that were our guide. At each site relevant to the Revolutionary War, a pair of 8th graders made presentations. Amid the noise of traffic and the hustle of a big city, a group of 8th graders and chaperones leaned in to hear the connection between this particular location and the events leading up to and during this time period.

We stopped for a late lunch at Quincy Market and a break for our tired feet! Onward to Paul Revere's house where we presented the guides with a gift. Our gift was not a tangible one, but the gift of poetry. The 8th graders recited Henry Wodsworth Longfellow's Paul Revere's Ride for the guides as well as other visitors to the museum. We ended the tour on Copp's Hill overlooking Charlestown and Bunker Hill. We jumped on the T and traveled underground back to the Boston Common.

This trip gave the students a close up look at the places and people that shaped the forming of this country. Though these events happened over 200 years ago, their relevance to our daily life resounds.

Kathleen Morse, 8th Grade Teacher

To not understand the past is to remain forever a child. – Cicero

The ninth grade at the Ashuelot River High School has just completed a block in Modern History; three weeks of developing a better understanding of just what it is to be “modern”. The 9th grader’s engagement with the often challenging material and their work ethic were exceptional.

From a certain perspective, it can be said that the 9th grade student carries a secret: their inner world is changing in a way that is at times unsettling, but nonetheless exciting. They enter high school with *expectations*, of what they shall be learning from the new content, from their teachers, and from their peers.

Students expect teachers to act and treat them differently. The high school teacher stands before the class as a *specialist* in particular subjects and students sense that this is quite different from their elementary class teacher. The high school teacher will foster a mood of experimentation and questioning, trying out new attitudes and approaches no matter what the subject. This is in harmony with what the student is experiencing inwardly. The healthiest approach the teacher can take is to engender the feeling that while we may find ourselves moving through a world of opposites – objective and subjective truth, fact and idea, joy and suffering, tragedy and comedy – we can do so without losing our balance and orientation.

Recently the US Department of Labor predicted that the coming generation will have had ten to fourteen jobs by age thirty-eight. In addition, the department goes on to say, the top ten jobs of that coming time do not exist as yet. Workers will be using technology that has not been invented and, solving problems we don’t presently recognize as problems. Even if only a part of this prediction comes to pass, it speaks of the need for a mobility in thought and approach, and an ability to navigate shifts and changes without losing one’s orientation. Preparing teens for such a future gives us, both as teachers and parents, a reason to reflect deeply on our educational priorities.

In this regard it seems to me that the study of history has never been more relevant. Seeking to move from factually based observation to a questioning attitude towards the events and flow of history, the Waldorf history curriculum blends certainty and flexibility. Through the study of industrialization, for example, students become aware of the immense physical power to create material goods that has been placed in our hands through the use of machines, while human inventiveness and ingenuity has brought about culture changing technology. The history teacher will raise questions about how we use this power and inventiveness.

During these past few weeks, we studied the growth of industrialization from cottage industry to the factory floor, where a new kind of worker, the “hands”, labored in an environment driven by the rhythm of the machine. Bridging almost three centuries, we also studied a modern company such as Ben & Jerry’s and the introduction of new business paradigms, balancing social responsibility with profit-making. The class read of its takeover by Unilever and along the way learned new terms such as *investment capital*, *publicly owned company*, and *stock split*. We also tasted the product to test its claim to be “Vermont’s finest”.

The history specialist will begin with the facts, providing some ground of certainty before moving on to questions and different points of view. But woe to those who forget the high school teacher’s first commandment: *Thou shall not cook the facts*. If there is one thing students of this age can sniff out, it is usually a cooked fact, presented in such a way as to lead them to some preordained conclusion. Little wonder that during this period the students were only too happy to learn about the European world freeing itself from the restraints and restrictions of the medieval mind where answers to questions of life and its meaning could be learned by rote. The class immediately recognized what was gained through this development

The facts alone are hardly sufficient as the new material demands interpretation. *How could the highest ideals and values of the French Revolution end in the Terror and thousands brought before the guillotine? What could bring a man such as Martin Luther to stand before the mightiest of assemblies crying for his blood, and declare that he could not go against his conscience? Many at that assembly voiced the view that a turning point of history was about to take place. What is a turning point in history?* The most eye-opening discussions can occur in a 9th grade history class!

If at the conclusion of the first of two 9th grade history blocks students have a sense for the worth of a modern individual, for what can be achieved today that could not be achieved in times past, as well as a sense of standing in the historical stream of the last 400 years without being washed away in a flood of events, personalities, and thematic content, the initial expectations of the high school students will have been met. It is a challenge the teacher is called on to face with renewed effort each day.

John Anderson

Bulletin Board

Hello, my name is Campbell Morgan. I am an alumni of MWS and a current student at North Star. At North Star they provide classes, workshops and tutoring for home schooled teens. I am helping North Star with their annual **bake-a-thon fundraiser**. We will be collecting donations and baking at least 30 pies for the Amherst Survival Center's Thanksgiving meal on Tuesday, November 25. *If you are interested in making a donation, please leave your donation in the Main office. Call Campbell with questions at 352-9174. 11-10-09*

Start your day the yoga way! Conveniently timed for MWS parents, Jeni's yoga classes are offered on Wednesdays and Fridays just after drop-off at MoCo Arts' Wellness Center (on Elm St, near community kitchen). Join us from 8:45 – 10:00 a.m. for a yoga class to set the tone, get you toned, and attune you as you move forward into your day. *For further information, contact Jeni at 801-1446. 11-10-09*

Are you planning a party or holiday event for which harp music would be a lovely addition? I am currently raising money to pay for my new harp (very exciting!). I enjoy performing and have experienced playing at a variety of events. *Please contact Lili Hanft if you are interested at 603-313-9466. 11-10-09*

I am now accepting new clients in my psychotherapy practice. I specialize in human growth through the recovery from trauma, grief and adverse life events. I use Eye Movement Desensitization and Reprocessing (EMDR) as well as expressive arts and other methods. I also work with those people suffering from depression, anxiety, phobias, substance misuse, stress and more. I am licensed, take most insurance and have a sliding scale fee structure. *Call Jeff Spiegler 603-209-4858 or e-mail jspiegler@antioch.edu. 11-10-09*

Cabin for rent. We have a small but beautiful cabin for rent near our

home. It is located on 150 acres of land in the town of Gilsum, 8 miles north of Keene. The cabin has all the amenities including a wood stove with gas heater as a back-up, a small kitchenette and a sleeping cubby with drawers underneath. *If you are interested, give us a call. Katie Schwerin and Bill Whyte at 357-4710. 11-10-09*

For sale: Free-Range, all natural turkey, ready for Thanksgiving \$3/lb from Painted Shadow Farm. *Contact Bonny Collard at bonny.collard@yahoo.com (Kristin Froling) 11-10-09*

Looking for sweaters, woolies, warm winter clothes for a baby girl, sized 9 months to 1 year. *If you have anything to donate, please leave them in the main office at the elementary school and I will pass them on. Thank you, Suzanne Ruse. 11-10-09*

Experienced two-man, interior paint crew for immediate hire. Quality work done neatly and fast. \$26 an hour. Good, reliable references. Willing to travel. *Please contact Nick Peria at 1-518-321-3030. Will be able to start the job within a day or two of contacting. 11-10-09*

Does anyone have Ilex berries growing in their yard? Looking for seasonal berries in order for decorations at the Crafts Fair. *Please call Marguerite Bergquist at 357-4020. 11-2-09*

House for sale. Lovely home on 12.63 acres in Keene. 4 bedrooms, 3 baths, large screened-in porch, open kitchen/dining, wood floors, wood stove & 2 fireplaces. 1st floor bedroom, bath & laundry. Large master bedroom suite, \$359,000. *Contact Holly Gorsuch at BHG The Masiello Group at 603-313-1224. 11-02-09*

House and pet sitter available: experienced with all types and sizes of animals. Excellent references. \$25/day. *Call Kathleen Murphy at 358-9914. 11-02-09*

Come join the Camp Glen Brook community. Camp Nurse seeking companion for her 4 year old: I am seeking a mature, responsible teen to be companion of

my four-year-old son for 3 or 6 weeks this coming summer. Position includes room, board, financial compensation, time off and participation in all camp events. Camp lasts 6 weeks, from June 27th until August 7th, but position can be split into two, 3-week jobs. *For more information about Camp Glen Brook, visit <http://www.glenbrook.org>. Interested teens to email me at: gibneyt@juno.com. 11-02-09*

House for sale, new price. Right down the street from MWS at 190 S. Lincoln St. Wonderful front porch, 3/4 bedrooms, 1.5 baths, one car garage, lovely open living room and dining room with built-ins and fireplace. Wood floors throughout. \$189,900. *Contact Holly Gorsuch at BHG The Masiello Group for more information or a showing. hollygorsuch@masiello.com or 603-313-1224 cell. 11-02-09*

The Edge Ensemble Theater Company needs people to help with stage construction, sound design and other technical elements involved in theater production. *If you are interested, please call Kim Dupuis, the artistic director at 352-5657. (Molly McMillan) 11-02-09*

Therapeutic Breathwork offered: *Healing Ways Breathwork* is accepting new clients & would love to share this powerful self-help tool! Sliding scale fees, no one refused. *Contact Jennifer, Certified Breathwork Practitioner for more info @ 603-446-7096 or lvbreath@gotsky.com 10-27-09*

For sale: 2000 Toyota Sienna LE Van; 6 cylinders; 1 owner; in very good condition and well maintained; 113,000 miles; new tires; below market price at \$5500. *Call Robin Hulbert at 924-7897. 10-27-09*

Winter gear for sale-gently used to excellent condition - 10% of proceeds donated to Waldorf Scholarship Fund! 1) Snowsuit size 5 Obermeyer red/blk (small tear in knee otherwise exc.cond.)\$15; 2) Down Vest Lands End size M5-6 red \$10; 3) Fleece Jacket 300wt. North Face Denali Boys XS blue \$15; 4) Waterproof Winter Shell North

Face "Hyvent" (zip in compatible with Denali fleece) Girls XS lt.blue/grey \$15; 5) Down Waterproof Ski Jacket Spyder boys 6 blk/red exc. cond. \$30; 6) Snow pants Lands End size 6 navy exc. cond.\$10; 7) Snow pants LL Bean technical kids 5/6 purple exc. cond.\$15; 8) Waterproof Rain shell EMS pit zips breathable kids size 4 blue \$10; 9) Winter Boots LL Bean Northwoods w/2 prs liners size 13 blue \$5; 10) Winter Boots LL Bean Northwoods w/2prs liners size 2 blk \$10; 11) Rain/Mud Boots Agway size 12 & size 13 Blk great cond. \$5/pair; 12) Hiking/Winter ankle boots waterproof Geox velcro blueEUR33(size2) \$5. *If interested, please call Jennifer Dolce @ 446-7096. 10-27-09*

gallon. *Contact Carol Renzelman for more information at 835-6939. 09-29-09*

Babysitter in Keene, please call Ashlyn at 678-542-8335. Ashlyn is an 18 year old girl living in Keene and has been recommended for babysitting by Chris Cotton. 10-20-09

Child bed—in excellent condition, (age 4 - 10), \$20. *Please contact Jeanne Marie Eayrs-Purro at 267-221-3042. 10-20-09*

For sale – Spyder ski jacket, Mens size XXS, black with royal blue and gold accents, when new \$300, will sell for \$50; Obermeyer ski jacket, Girls Junior 18, (but can be worn by a 5'10"person!) light blue and tan, \$40; Obermeyer ski pants, Junior 16, black, \$30; Nike basketball sneakers, white with light blue accents, women's size 9, \$20. *Call Jan Perry at 603-499-3150 or text the same # if you are interested! Happy Skiing! 10-20-09*

Please consider me for your home improvement needs: J. Klassen Carpentry and Painting. Interior/exterior painting, lazure, drywall, roofing, side-walling, window replacement, floor installing and refinishing, screened porches, chimney flashing, chimney cleaning, insulating, small scale renovating, and weatherization. Interest in working with living design. References available and fully insured. *Call Jonathon at 603-903-3028. 10-06-09*

I will deliver fresh, organic, raw milk from Flying Cloud Dairy on Thursdays at dismissal. \$4.50 for 1/2

Community Events

Please Join Us For Community Volleyball

We meet Tuesdays and Thursdays at the Trinity Lutheran School from 7 till 9-9:30 or later. This is not a school sponsored event and is open to the community. We are there to have fun in a non-competitive atmosphere (we do play by the rules though). *Call Jeff Spiegler for more information at 209-4858 or just show up, that's what I did 3 years ago.*

The Orchard School and Community Center

These programs are held at The Orchard School and Community Center in East Alstead, up route 10, thru Gilsun's Main Street. We are located on 114 Old Settlers Road, about 20 minutes drive from Monadnock Waldorf School.

Open Doors Afterschool Daily and School vacation camps at The Orchard School and Community Center; anytime after 3:00 until 5:30 pm. Elementary aged students; outdoor explorations, seasonal festivals, preparing delicious foods, crafts, music, arts and farm, inclusive community building fun - led by Eleanor Elbers call the School Office 835-2495 or Eleanor 499-3422 for information.

Farmers and Foragers for youth ages, 10-14, Fall into Winter at Orchard Hill and the Orchard School on Wednesdays 3:30 until 6:00 pm, November 18, December 2, December 9, and December 16 - hands on farm skill building, environmental awareness, farm animals, putting up food for winter and preparing foods in Breadworks wood-fired oven - led by Marty Castriotta, environmental educator and ecological builder. *Contact Marty at 477-5533 or Eleanor at 499-3422.*

Core Strength Yoga Class at The Yoga Space

A slow and gentle vinyasa flow yoga class with an emphasis on core strengthening. "Vinyasa" means movement and breath together. Learn to move from the core incorporating breath control, abdominal exercises, yoga postures, meditation and deep relaxation. Suitable for all levels of experience. Instructed by Gretchen Carmel. Mondays and Thursdays at 9:30am and Wednesdays at 4pm. *For more information, call The Yoga Space at 603.352.2686 or email theyogospace@gmail.com.*

Oyase Community & Vermont Wilderness School

The parent-run Community Wilderness Initiative and the non-profit Vermont Wilderness School are pleased to announce the 11th year of Oyase Community School. This year Oyase has expanded to 4 clans, and there are several available spots remaining for registration in the 7 to 8 year old and the 11 to 15 year old range. Oyase is a dynamic learning 'Village in the Woods' for children ages 7-15 that meets from 9 AM to 3PM on Thursdays from September to May. Oyase is led by a trained staff of highly skilled, experienced, and dedicated nature-based educators who team up with parent and community volunteers to create a multi-age learning environment for earth living skills, nature awareness and community appreciation to create a "village" learning experience for the students. The program takes place on a beautiful and varied 80+ acres of land in Dummerston, VT. It has attracted students from throughout Windham, Cheshire and Franklin counties. A typical day at Oyase commences with children playing outside games while people are arriving. Then, after gathering for a thanksgiving circle with everyone, the children separate into clans based on age and interest until the Story and Sharing Circle at the end of the day. Clan time could include a woods wander to see what we find and practice how not to get lost; introduction to or further practice on skills such as fire making, shelter building, cordage, plant identification; camouflage and stalking; personal sit spot; sensory awareness games and challenges; bird language; naturalist journaling and research. Some days all the children and teens gather for a day at the village for multi-generational activities. All days parents and siblings are welcome to spend time on the land as part of the Red Oak Clan, working on their own skills and passions, and learning from others and nature. *Please contact Amy at Vermont Wilderness School for registration, information and questions, (802) 257-8570. Look forward to adventuring with you!*

Waldorf School of Lexington presents Dr. Ross Rentea, Practicing Anthroposophical Physician, Your Child's Health:

How can Anthroposophical Supplements Help the Physical and Spiritual Development of our Children?

Thursday, November 12 at 7:30 pm

For more information, please call 781-863-1062 or visit www.thewaldorfschool.org.

A Friday the Thirteenth contra dance will be held from 7:30 to 10:00 PM on Friday, November 13

at the Monadnock Quaker Meeting House in Jaffrey (Route 202 on the Jaffrey/Peterborough town line), NH

This intergenerational dance will be called by Cindy Green from Northampton, MA, who brings humor and an inviting spirit. She will call a mix of traditional dances, plus a few with a Latino flavor. The Noname Band from Ashburnham, MA will play fiddles, flutes/whistles, keyboard, percussion, mandolin, and guitar. All dances are taught, and no partners are necessary. Children and new dancers welcome. We do ask that you bring clean soft-soled shoes, or plan to dance in bare feet. Refreshments will be served. Ticket Prices - Adults: \$10, 13-18: \$6, 12 & under: free. *For more information, please call 603-930-6780.*

Lazure Custom Wall Designs Presents 2 Lazure Painting Workshops for Beginners

December 3 to December 6, 9 am to 5 pm

Cotuit Elementary School, 140 Old Oyster Road, Cotuit, MA 02635

Taught by master Lazurist Charles Andrade. In just two days learn a unique European decorative paint finish that will bring light filled color to any room in your home. Welcome the healing power of color into your life! Fee is \$200. *Contact Gary Cannon at 508-759-7499 or at administrator@waldorfschool.cc.*

Upcoming Fourfold Path to Healing Conference—Nashua, NH—January 2010

Featuring Tom Cowan, MD, Sally Fallon from the Weston A.Price Foundation, and Jaimen McMillan, founder of Spatial Dynamics.

This is an anthroposophically-inspired event that comes at a time when families are in great need of healing on a variety of levels. This event offers a wonderful and rare opportunity to learn more about the work of the Fourfold Path to Healing right here in our own region. This is powerful and important work, and every effort must be made to help this work to continue. Look for coming news.

School Fundraisers

Eighth Grade Bread and Cookie Order Form

Name: _____ Grade: _____

Orders due: Thursday, November 12, 2009

Pick-up date: Thursday, November 19, 2009



<u>Quantity</u>	<u>Description</u>	<u>Price</u>	<u>Total Price</u>
	Small FRENCH	\$4.25	
	Loaf Pan FRENCH	\$4.75	
	Sesame Batard FRENCH	\$4.25	
	4 SEED SUNNY FLAX	\$4.50	
	Large COUNTRY ROUND	\$4.75	
	WHOLE WHEAT	\$4.75	
	OLIVE ROSEMARY	\$4.75	
	Special: Honey multi grain	\$4.75	
	Wheat-Free: Dark Russian rye	\$4.75	
	Cookie: Almond shortbread	\$1.50	
	Cranberry orange oat	\$1.50	
		TOTAL \$	_____

*Please turn order in to the Main Office
at the elementary school.*

*Please make checks payable to
MWS Class of 2010.*

Wreaths and Garlands by the 7th Grade

Please prepay with your order. Checks can be made payable to MWS, Class of 2011.

*Orders may be dropped off in the Main Office at the elementary school. Orders are due Monday, November 16th
and the wreaths and garlands will be available for pick up in the first week of December.*

<u>Item</u>	<u>Price</u>	<u>Number Ordered</u>	<u>Total</u>
22" plain wreath	\$14.00		
22" decorated wreath	\$21.00		
28" plain wreath	\$18.00		
28" decorated wreath	\$25.00		
36" plain wreath	\$28.00		
10 Yard coil balsam garland	\$46.00		
Kissing balls - 12" plain	\$26.00		
Kissing balls - 12" decorated	\$32.00		
		Total	



Name: _____ Grade: _____ Telephone Number: _____

For Immediate Release – 5 November 2009

Please contact Lisa Mahar, Administrator, 603.357.4442, ext. 104,
or Rüdiger Ruckmann, Development Leader, Ext. 105

CRAFTS FAIR FEATURES LOCAL ARTISTS

Keene, New Hampshire – Young scholars will engage with their community through fundraising at the 30th annual Crafts Fair and Festival on November 13 and 14. The event returns to Monadnock Waldorf School at 98 South Lincoln Street in Keene after being held many years at the Keene Recreation Center.

“This is a perfect opportunity for 9th graders at Keene’s newest high school to interact more directly with a community they will be supporting in the future,” said Carla Folkert, Fair coordinator.

Students from Ashuelot River High School will manage the Crafts Fair Gnome Forest in MWS’ woodshop. The Gnome Forest is a mysterious woodland setting that culminates in a visit to a moss garden. When children reach the moss garden (one by one), they are guided to sail a seed across the water in a walnut shell boat. Children are then given a golden acorn and exit the forest. The hall outside the woodshop will be decorated as a waiting place for the children waiting to enter the forest. The 9th graders will collect moss and stumps, make small moss gardens, set up the woodshop, manage the moss garden, sell tickets and assist in cleaning up.

The Fair begins as an adults-only evening on Friday, November 13, 7 p.m. with a crafts preview that features sewn and knit goods, wooden toys, pottery, jewelry, stained glass and home *décor*, holiday trimmings, and a bookshop, live music, and refreshments at a dessert café. Children and adults are welcome to the Gnome Forest the following day from 10 a.m. to 4 p.m. and invited to enjoy puppetry and storytelling, and all the crafts, music and food offered on Friday evening. A silent auction and raffle will be held Saturday with donations from vendors, community businesses, and Waldorf School parents.

Admission is free on both Friday and Saturday. Free shuttle service is available from Church Street on Saturday.

Founded in 1976, Monadnock Waldorf School serves 180 students and is a nonsectarian, co-ed school in Keene in nursery-kindergarten through grade eight with active plans to expand to high school. To learn more about Waldorf education or Monadnock Waldorf School, visit monadnockwaldorf.org.